

# BPSS Secondary Newsletter November 2024



## WELCOME

.... we hope you have had a nice half term break and are feeling refreshed for the term ahead.

It was a busy start to the first half term with fixtures underway for football and netball. Despite the wet weather it's been great to see games being played and results being inputted. Please do continue to get your games played so that they are completed prior to the deadline dates.

We had cross country, ten pin bowling and a staff netball CPD take place last month. It was great to see you and your students at these events.

This half term has the following events taking place; sportshall athletics, Barnet bar no one, girls basketball tournaments and the Barnet cross country champs. As well as a free accredited NFL CPD for school staff.

If you do wish to attend any of these please ensure you book on via the website [HERE](#). Please do read the event descriptions to ensure you bring the appropriate students to the events.

Events for January – April are now also bookable via the BPSS website.

Information to enter the boys and girls basketball leagues will be sent out shortly, these leagues will begin in January.

BPSS member schools have been emailed with KS3/4 leadership resources to support you with developing student leadership within your school. We hope you have found this a useful tool, please do let us know if you need any support with these.

As always, please do not hesitate to get in contact if there is anything we can support with. Looking forward to seeing you and your students soon.

All the best,

The BPSS Team 😊

## KEY DATES

### November

13<sup>th</sup> – Girls Sportshall Athletics @ Ashmole Academy

20<sup>th</sup> – Boys Sportshall Athletics @ Ashmole Academy

26<sup>th</sup> – NFL CPD @ TTA

27<sup>th</sup> – U14 Girls Basketball @ Ashmole Academy

28<sup>th</sup> – BBN1 @ Hendon LC

28<sup>th</sup> – U16 Girls Basketball @ Ashmole Academy

### December

5<sup>th</sup> – Barnet Cross Country Champs @ Cophall Playing Fields

*All events bookable via the BPSS website*

# BPSS UPDATES

## Secondary Cross Country

The first cross country meet of the academic year took place at Cophall Playing Fields on the 8<sup>th</sup> October. Despite the torrential rain throughout the day it was wonderful to see so many athletes take part. The conditions were wet and muddy but it didn't dampen the performances, well done to all the athletes who took part.

Congratulations to those who have been selected to represent the borough at the London Youth Games event later on this month.

The next cross country event is the Barnet Championships with is taking place on the 5<sup>th</sup> December, please contact Ty for further details: [tyholdenjenks@outlook.com](mailto:tyholdenjenks@outlook.com)

## Netball CPD

25 teachers from across Barnet primary and secondary schools attended the Netball CPD training at Ashmole Academy. We had the pleasure of Sophie from England Netball leading the training where all teachers got involved playing and umpiring to develop their netball knowledge.

Please click here to [view](#) the 2024 of Netball rules update webinar

## Tenpin Bowling

28 teams (169 SEND pupils) attended Hollywood Bowl Finchley in October for the Barnet Competition. The atmosphere was electric with over 60 spares and 23 strikes! All pupils went home with a medal for their great achievements, and the top four teams will progress to compete against the rest of London later in the year.

## Boccia

101 SEND pupils attended the Boccia festival hosted at Burnt Oak Leisure Centre. Pupils from 18schools from across Barnet, learnt the skills of boccia from the St James' Catholic High School leaders before competing against the other schools. Congratulations to all the pupils who attended for creating such a positive atmosphere to learn a new sport.

# PARTNER NEWS AND UPDATES

## London Youth Games YLG33 Team Members

You could be part of a group of passionate **14–24-year-olds** who represent their borough and be the voice of young people across London. You will influence the future of the London Youth Games and other key issues impacting young Londoners and sport.



LYG33 Team Members who successfully complete the season, will be awarded the YLG Bronze Award in Youth Engagement & Leadership in Sport, accredited by recognised body Associated Sports Qualifications (ASQ).

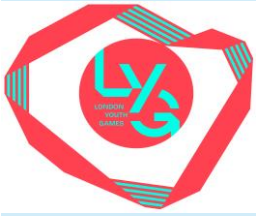
### Why be part of YLG33?

- Represent the voice of young Londoners and shape the future of London Youth Games in an area you are passionate about.
- Achieve an accredited award with recognised body, ASQ, to build your CV.

- Develop confidence and capability achieve your future ambitions.
- Get access to exclusive experiences and opportunities.
- Meet new people and broaden your network.

Applications close at **11:00am on Monday 11<sup>th</sup> November**. For more information, including how to apply please see our website [here](#).

If you have any questions, please contact Ellie, [ellie@londonyouthgames.org](mailto:ellie@londonyouthgames.org)



## GamesForce Teams Recruitment Open

London Youth Games are delighted to announce, they are now recruiting Young Leaders for the 24/25 Season GamesForce Teams programme.

The programme is for groups of young leaders who are 14 years and above. Groups of leaders can come from schools, colleges, universities and community groups. All groups will gain invaluable skills, through volunteering at School Games events.

Please see the below links for further information. To apply for leadership opportunities, please complete the short GamesForce Team 2025 Application Form [here](#).

The deadline for applications is 11am on Friday 6<sup>th</sup> December. If you have any questions, please contact Lucy, [lucy.girling@londonyouthgames.org](mailto:lucy.girling@londonyouthgames.org)

## JACK PETCHEY NORTH LONDON SCHOOLS' TABLE TENNIS

### TEAM CHAMPIONSHIPS

A qualifying event for the  
Butterfly Schools' National Team Championships  
**Thursday 21st November 2024**

### EVENTS

UNDER-11 Girls / UNDER-11 Boys / UNDER-13 Girls / UNDER-13 Boys  
UNDER-16 Girls / UNDER-16 Boys / UNDER-19 Girls / UNDER-19 Boys

To sign up visit the following link: <https://eu.jotform.com/form/232762398584369>

## Free Cricket Qualification for Female Staff

Middlesex Cricket will be running their Coach Development Programmes in autumn. For further details please click [here](#)

Canons CC will refer female PE staff members to MJCA Girls Area Chair (Laura Desilva) and Middlesex Cricket Women & Girls Manager (Dan Reynolds) who will be able to sign up participants. The spots are limited by available Bursary.

Canons CC runs girls cricket training all year on Sundays for girls ages U10 and U13, where we invite qualified female coaches to train the girls.

For further details contact Bharath on [canons.cc.mdx@gmail.com](mailto:canons.cc.mdx@gmail.com)

## Saracens Foundation Dance Class



We know your pupils always enjoy the dance stations at BBN1's; Saracens are still running their **FREE** inclusive dance hub sessions at StoneX Stadium). For pupils aged 8-14years.

On top of this they are also offering free taster sessions, to come into schools and deliver to the appropriate group of pupils to promote the sessions. If this is something you would like to take up, please email Clare directly - [ClareFloyd@saracens.net](mailto:ClareFloyd@saracens.net)

## National Sugar Awareness Week Coming Soon!

From the 18-24<sup>th</sup> of November, we celebrate [Sugar Awareness Week](#). To join efforts to protect children and families from the harmful effects of sugar consumption (tooth decay, excess weight, type 2 diabetes etc.), why not sign up your school to the Sugar Smart Barnet campaign? 98 local early year's and school settings have already signed up!

Being a Sugar Smart setting means that you will commit to taking positive, proactive action against high sugar consumption and raises awareness of the consequences of having too much sugar through [Sugar Smart Actions](#).

Examples of actions (listed in the [SS Barnet Planning Document](#)) include:

Use of the [Sugar and Trans-Fat Toolkit](#) (ref. number- 5a)

Signing up to be a [Water Only School](#) (visit the [water-only schools webpage](#) for more details) (ref. number 4b)

Run a Sugar Smart Quiz (ref. number 2a)

[Sign up for Sugar Smart Barnet!](#)

If you have any questions or queries, please [get in touch](#).

## Simply Veg- free support and resources for parents

[Veg Power](#), an innovative and health-focused not for profit organisation, have developed the '[Simply Veg](#)' campaign which offers free recipes, resources and advice to get children and families eating more vegetables. Simply Veg is the first campaign to bring together an alliance of the top nutritionists and chefs with psychologists and children's entertainers to combine their skills to improve UK families' diets. The campaign offers a unique and holistic approach that moves beyond traditional public health nutrition education to helping parents with the real challenges they face every day – whilst making it fun for kids.

A [free e-learning platform](#) is also accessible and is specifically designed to help parents and carers whose children eat little or no vegetables.

## International Day for Disabled People



**GET ACTIVE,  
GIVE IT  
A GO!**

**FREE**

**Join us to celebrate  
International Day for Disabled People**

DATE: **Sunday 1 December**  
TIME: **12:00 to 3:00pm**  
LOCATION: **Unitas, Burnt Oak, 76 Montrose Avenue,  
Edgware, HA8 0DT** *The building will be fully accessible.*

Unitas  
An OnSide Youth Zone

Enjoy performances, dance workshops, a disco, games, fun activities, music and more.

There is something for everyone of all ages to GIVE IT A GO!

A hot meal and drink will be available for £3. You can also bring a packed lunch.

 **FAB**  
FIT & ACTIVE BARNET

  
@BarnetCouncil



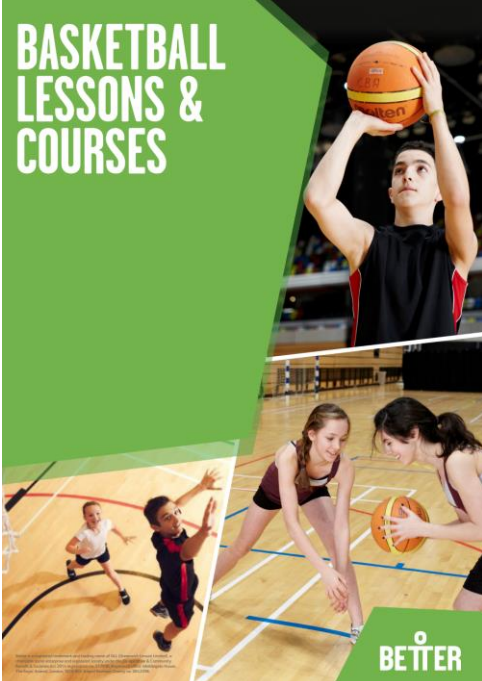
Caring for people, our places and the planet

[www.better.org.uk/fab-hub](http://www.better.org.uk/fab-hub)  
[sport@barnet.gov.uk](mailto:sport@barnet.gov.uk) • Mobile - 07716092709

**BARNET**  
LONDON BOROUGH

More details can be found on the website: [News and Events | FAB | Better](#)

## Barnet Cophall Leisure Centre Basketball lessons



**BASKETBALL  
LESSONS &  
COURSES**

**BETTER**

For children aged 7-15 years old, every Monday 17.00-18.00 (11-15 yr/old)

Lessons will be delivered by a qualified coach and have to be booked in advance. Book online [www.better.org.uk](http://www.better.org.uk)

## Panathlon Foundation Secondary HI/Deaf Ten Pin Bowling



Ten Pin Bowling competition for SEN children in KS3, KS4, KS5 on Wednesday 13<sup>th</sup> November 2024, Address: Namco Funscape, The Brewery, Waterloo Road RM1 1AU. Arrival at 10:45am, start 11:00am and finish at 12:30pm. To enter please email [hbiowtell@icloud.com](mailto:hbiowtell@icloud.com) and [dean@panatlon.com](mailto:dean@panatlon.com)

## Apprenticeship Opportunities for your Students and Staff

Please see a range of educational and sporting apprenticeship opportunities [HERE](#) for your school staff and students. Please pass onto any students and staff who would be suitable. For more information please contact Vanessa – [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)









### Apprenticeships Opportunities for school leavers

A guide for school leavers, parents and carers

### Career Pathways

High-quality apprenticeship training, inspiring careers through sport and education in a school or community setting

**Why an apprenticeship?**

- For students considering taking a gap year
- A stepping stone into teaching
- An alternative pathway to higher education
- Earn while you learn and train.

SCAN FOR MORE INFO





Educational Training



PE, Health & Wellbeing



Early Years

esfapprenticeships.co.uk
01438 791068



### APPRENTICESHIPS IN SCHOOLS



 <p><b>COMMUNITY ACTIVATOR</b> Level 2</p> <p>13-15 months: Including one month for End Point Assessment (EPA)</p>	 <p><b>TEACHING ASSISTANT (PE FOCUS)</b> Level 3</p> <p>13-15 months: Including one month for End Point Assessment (EPA)</p>	 <p><b>SPORTS COACH</b> Level 4</p> <p>19 months: Including five months for End Point Assessment (EPA)</p>
--	---	---

### PE, HEALTH AND WELLBEING APPRENTICESHIPS

Make sustainable improvements for your school through developing a whole-school approach to PE, health and wellbeing to support school sport and physical activity.

We deliver an Ofsted 'Outstanding' rated apprenticeship programme that focuses on meeting the current needs of pupils and schools. Learners will be trained by qualified PE teachers and sector specialists to work within a school to develop and take on responsibilities for leading sports in a school or community setting.

**Benefits of PE, Health and wellbeing apprenticeship training for your school**

Apprenticeships provide additional opportunities to expand your sports provision and create a professional development pathway for an existing member of PE staff or to increase the capacity of your staff team by employing a new PE, health and wellbeing apprentice.

**Course Content:**

**Level 2: Community Activator**

- Deliver project based tasks to support whole school health and wellbeing agenda
- Work with the wider community to enhance the physical activity offering to pupils.
- Increase opportunities and capacity for extra-curricular and wrap around provision

**Level 3: Teaching Assistant | PE Focus**

- Work with teachers to understand and support assessment for learning
- Develop knowledge, skills and behaviours relevant to the PE TA role
- Gain new ideas and strategies for use in the PE setting to address the health and wellbeing agenda

**Level 4: Sports Coach**

- Develop knowledge, skills, and behaviours relevant to the PE curriculum.
- Enhance teaching and curriculum planning skills
- Gain knowledge and skills to drive the development of the whole school PE and school sport strategy

Visit: [sportingfuturestraining.co.uk](http://sportingfuturestraining.co.uk) | Tel: 01438 791068

## CPD OPPORTUNITIES

### NFL CPD - 26th November



Please ensure you book on any staff you would like to receive the free training by the NFL coaches. This course will give you a qualification, to enable you to coach in your school.

Tuesday 26th November - 9am- 3:30pm at TTA - [Click Here to Book](#)

### AfPE National Development Day: Elevating Physical Education



Join us for an inspiring and action-packed National Development Day, dedicated to advancing Physical Education. This exclusive event is a must-attend for educators, trainers, and enthusiasts in the field of Physical Education and sports. As it stands, discussions are still in circulation as to workshops and keynote speakers, book early to ensure your place, as tickets are likely to sell out soon! [Book Here](#)

## Motor Activity Training Programme

An introduction to Special Olympics and the Motor Activities Training Programme (MATP) including theory, available resources, implementation and the national participation pathway available. MATP Is a sport and training programme for people with Profound and Multiple Learning and Physical Disabilities and Complex Support Need.

Click on '[select tickets](#)' on this link to see the sessions available throughout the year.

## The Inclusive PE elearning course

We are excited to share the release of the free Inclusive Physical Education e-learning course as part of the Inclusion 2024 programme investment. This course has 10 bitesize modules that have been designed to increase teachers', teaching assistants, sports practitioners and the wider school workforce in the knowledge and confidence to deliver inclusive PE and school sport. The content has been redeveloped with the support of Leeds Beckett University and Lead Inclusion Schools to ensure the information is informative and relevant to practitioners.

There are 1.5 million disabled children in the UK, 15% of the school population. Just a quarter of them say they regularly take part in sport at school. In a [recent open letter, as part of the Equal Play campaign](#), ParalympicsGB called on the Government to empower teachers with the right tools, understanding and resources to deliver truly inclusive PE. The newly updated IPE eLearning course is designed to do just that.

Each section contains an introduction, key facts, space for self-reflection on current practice, tips on how to improve your practice and a handy additional resource page. A certificate is provided after each module, in addition to on completion of all ten modules. Hurry [Sign up HERE!](#) This course is free for this academic year only using the **discount code: Inclusion2024**

## British Gymnastics Physical Education Teachers Trampoline Refresher Course for holders of the BG Teachers Award at Part 1 and Part 2



Please [Click Here](#) for up and coming trampolining courses

## CONTACT THE TEAM FOR MORE SUPPORT

Jo Eames – Strategic Manager - [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

Vanessa Pender – School Games Organiser (East) - [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)

Caroline Connell – School Games Organiser (West) - [cconnell@stjames.barnet.sch.uk](mailto:cconnell@stjames.barnet.sch.uk)

Katie Knight – School Games Organiser (South) - [kba@whitefield.barnet.sch.uk](mailto:kba@whitefield.barnet.sch.uk)

Jason Vassiliades – School Games Organiser (Central) - [j.vassiliades@qegschool.org.uk](mailto:j.vassiliades@qegschool.org.uk)

*LinkedIn:* [www.linkedin.com/in/BarnetSport](https://www.linkedin.com/in/BarnetSport)

*Website:* [www.barnetpartnershipforschoolsport.co.uk](http://www.barnetpartnershipforschoolsport.co.uk)

*Twitter:* <https://twitter.com/BarnetSport>

*Instagram:* @barnetsport

