

# BPSS Primary Newsletter July 2025



## WELCOME

.... ..to the last BPSS Newsletter of the year!. This month's newsletter includes the latest news from BPSS, including updates and opportunities from our partners

We have concluded all four of our Primary Athletics competitions this year. It was brilliant to see such athletes competing in all events.

We have the Livingstone B&C Football Festival coming up! If any of your children were not able to represent the school football team this year, this is the perfect event for that.

BBN1 took place on the 25th June. It was great to see so many pupils taking part in activities such as boccia, football, rowing and rugby!

Please remember to apply for this year's school games mark before the 31st July. This award recognises all the great work you're doing within your schools. Please contact us if you need support completing the application. This year each school that completes their SGM application enters the chance to win £250 for their school!

If you would like to buy in for the 2025/2026 academic year please complete the survey [HERE](#).

We hope you have a well deserved rest over the summer holidays and we look forward to seeing you all in September!

As always, please do not hesitate to get in contact if there is anything we can support you with.

All the best,

The BPSS Team 😊

## SIGN UPS

If you would like to buy in for the 2025/2026 academic year please complete the survey [HERE](#).

Dont forget to complete your SGM application [HERE](#). This year each school that completes their SGM application enters the chance to win £250 for their school!

2025/2026 Football League and Cups Survey.

[East Schools](#)

[South/West Schools](#)

[Central Schools](#)

# Recent Events

## Primary Athletics

We have completed all four of our Primary Athletics events. It has been amazing to see all of your pupils competing at such a high standard.

Congratulations to our overall winners on the days-

Meet 1- All Saints NW2

Meet 2- St Pauls

Meet 3- SMSJ & Moss Hall

Meet 4- Foulds.



## BBN1

BBN1 is the most sought after event in the SEND calendar.

This year 181 SEND pupils from 17 schools (Infant, Primary, Secondary and Special) attended Hendon Leisure Centre. The buzz at BBN1 is always electric and this year did not disappoint! Pupils got to experience sports delivered by local providers in a fun and safe environment:

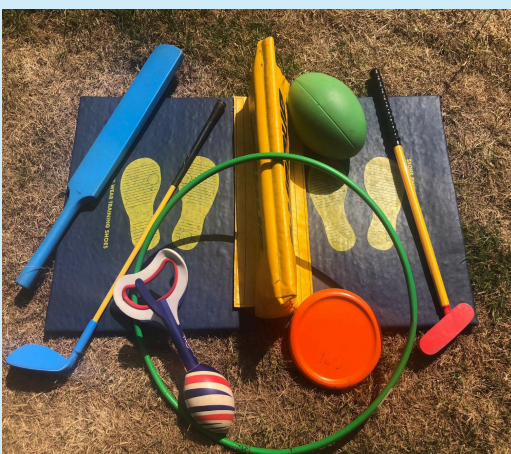
- Cricket (Middlesex County Cricket Club) - Hitting & fielding
- Boccia (Panathlon) - Boccia blast, game play & skittles
- Golf (The Golf trust) - Scoring on multiple targets
- Rowing (Ministry of rowing) - 30 second races
- Saracens Sport Foundation - Disco time

Stations were also delivered by the engaging leaders from CCF, JCOSS and King Alfred, who supported the pupils and staff so encouragingly. Thank you to all the stakeholders and all the schools for creating such amazing memories for everyone!



## KS1 C4L Summer Festival

KS1 pupils will get the chance to try a variety of familiar and new sports at Burnt Oak LC. Supported by the leaders from Hendon School and SMSJ, they will develop skills in cricket, running, jumping, throwing, golf, tennis, rugby and ultimate frisbee!



## Livingstone B&C Football Festival

Thank you to Livingstone for hosting the upcoming B&C football festival, we know pupils and staff look forward to finishing off the year with such a lovely event. We have 20 teams eager to represent their school playing football in the sun!

## Rowing Roadshow

Thank you to Gareth from the Ministry of Rowing for this fantastic opportunity. A total of 281 children entered. Most of them had never been on a rowing machine before, so they all did really well, at the 1 minute competition. Congratulations to all involved:

Team results (total of top 5 girls and top 5 boys scores from each school):

1st St Paul's 2250m

2nd Dollis 2081m

3rd Woodcroft 2050m



Staff competition: Kieron from Summerside won the men's by one metre with 330m Miss Kremer, also from Summerside won the women's with 233m

## Primary Rugby League

Thank you to the 11 schools who took part in this year's league. There were some amazing scores, with one match going 11 - 13 in tries! After tagging and scoring the winner of pool A was Goldbeaters and the winner of pool B was Livingstone. We wish them both the best of luck in the final later in the month.

## Primary Cricket League

Thank you to the 14 schools who entered the Primary Cricket League. There were some extremely close games in the group stages! Well done to our group winners- Foulds, Woodridge and Akiva. They will be playing in a three way final at OECC. Good luck all!

# PARTNER NEWS AND UPDATES

Dear London SGO's and Healthy School Leads,

I hope this message finds you well as you approach the end of this action-packed term and year! I wanted to share a few Daily Mile related items ahead of next year. Feel free to include within any of your end-of term comms to your schools/networks.

Further details will be shared around each opportunity, but hopefully these dates will help with general awareness to support with planning.

The Daily Mile NEW website launch & Back to School Mental Health Toolkit You will see within the calendar that we've featured info on the new TDM website!

This is a super exciting development of The Daily Mile to support schools/settings with re-engagement - including the capability to log miles! Further details will be shared in September.

The Daily Mile wave in Vitality Westminster Mile Why not encourage your schools to continue their miles/activity outside of the school gates at this inspiring event - where Daily Mile schools are invited to join The Daily Mile wave for FREE at the Vitality Westminster Mile, the only mile event in London to finish outside Buckingham Palace!

Plus have access to the Free Festival Area in Green Park where you can celebrate with family and friends!  
| London Marathon Events When: Saturday 27 September 2025 Start Line: The Mall Start time 09.45am  
Finish Line: Next to Buckingham Palace

What do you get:

FREE Daily Mile t-shirt  
Timed results  
BUXTON® Natural Mineral  
Water Finisher's medal (optional)

How to register for the event Unlike the TCS Mini London Marathon – this event is open for families/parents/carers to enter directly to take the admin away from schools/teachers. To take part in the event you can signpost your families/children to register via this unique link:

[https://www.letsdothis.com/gb/checkout/ticket?eventId=234419&reservationCode=re\\_ekxy4ukgabco&utm\\_org\\_aniser\\_id=29443&utm\\_source=reserved\\_entry](https://www.letsdothis.com/gb/checkout/ticket?eventId=234419&reservationCode=re_ekxy4ukgabco&utm_org_aniser_id=29443&utm_source=reserved_entry)

# The Daily Mile

## 2025/2026



You can use the annual planner below to help guide you with any Daily Mile planning for the academic year 2025/26. Further details, dates and associated resources will be shared with you in advance of any campaign or challenge.

### AUTUMN TERM

#### September 2025

- **Launch of Mental Health Toolkit:**  
Easy-to-use, practical resources designed to support staff and pupils in promoting mental wellbeing through daily physical activity.
- **Launch of our new Daily Mile website:**  
Fresh design, improved navigation, and teachers resource hub.

#### Friday 5 December 2025

- **The Daily Mile Santa Run:**  
A fun, festive event to get the whole school moving together.

### SPRING TERM

#### January to February 2026

- **Back to School:**  
Keep the momentum going with themed Daily Mile activities and classroom links to wellbeing and physical activity.
- **9-15th February: Children's Mental Health Week:**  
The Daily Mile is partnering with Place2Be, a leading organisation committed to children's mental health, for Children's Mental Health Week. Our joint effort focuses on the importance of providing daily physical activity to improve the health and wellbeing of children.

### SUMMER TERM

#### March to May 2026

- **Take part in the TCS Mini London Marathon in Schools:**  
A nationwide opportunity to celebrate movement and achievement with your pupils.
- **Jamie Oliver:**  
Linking healthy eating and physical activity, we will once again be encouraging schools to apply for the The Awards – Jamie Oliver's Good School Food Awards.

#### June to July 2026

- **European Athletics Championships Birmingham 2026 and Commonwealth Games Glasgow 2026:**  
Two world-class events to inspire through sport, teamwork, and global celebration. We will create resources to increase engagement with fun, themed activities for the summer term.

Join thousands of schools, all over the world, already taking part. Help your children feel healthier, happier and create lifelong healthier habits. Register at [thedailymile.co.uk](http://thedailymile.co.uk)



# Sport In Mind

## Free Sport In Mind Workshops

### Did you know?

Fewer than 50% of children and young people are reaching the government's recommended 60 minutes of exercise per day and rates of probable mental disorders in children and young people have increased to 1 in 5 children.

Sport in Mind have gained funding for the **Barnet area** and are looking schools to partner with, to deliver our **free workshops** to their **young people**, based on the links between physical activity and positive mental health. Our aim as a charity is to **transform the lives and mental health of young people through sport and physical activity.**

Our workshops are designed to act as a **preventative tool** to help young people understand what good mental health looks like and the links between physical activity and positive mental health. In this time, we engage the children in fun games and activities focusing on well-being using four key themes: **Heart rate, Breathing, Focus and Communication.** We deliver age- and stage-**appropriate tools** to **empower** them to make healthy, sustainable choices in their own lives and **self-regulate** using these tools.

### We offer

#### Workshops around:

- Mental Health and Physical Activity
- Children's Mental Health Awareness Week
- Kindness Week
- Anti-Bullying Week
- Exam support
- Year 6/7 transition support workshop

\* Limited availability of funded workshops, spaces available on a first come first serve basis.



# Sport In Mind

## Free Sport In Mind Workshops



The young people left energised and with a strong understanding of how being active can support their mental well-being.



All of our education staff have safeguarding training, current DBS and experience in the education sector. We would love to work with more schools locally to ensure all young people have every opportunity to thrive.



In addition, we signpost young people to our **free community sports session** ensuring they have the on-going support available to look after their well-being through keeping active. They can also learn more about the charity, its work locally and opportunities to get involved in what we do.

### What our participants say....



"The workshop taught me a lot about myself"  
 "Relaxing and interesting"

"Good for understanding wellbeing"  
 "This will be helpful forever"

"It helped me to be myself and express myself"



For more information or any questions regarding the education programme, please get in touch:

**Chloe Turner**  
Education Co-ordinator  
chloe.turner@sportinmind.org

✉ info@sportinmind.org 🌐 www.sportinmind.org ☎ 01189479762



## Barnet Elizabethan Rugby Club

Barnet Elizabethans Rugby Club are recruiting for players to join their boys and girls teams, please pass onto any students who may be interested in joining.

# WE ENCOURAGE DIRTY PLAYERS

### Want to be part of a new era of Rugby in Barnet?



Paving the way for our new state of the art clubhouse



Producing England Players



Saracens Academy Players



RFU Qualified Coaches



Ages 6 to 18 years  
all genders welcome



Sunday a.m (Sep-May)



No experience necessary



A focus on friendships  
and player development



## TEAMWORK RESPECT ENJOYMENT DISCIPLINE SPORTSMANSHIP


## Veg Power: Primary School Beans Programme Beans are brilliant!


Packed with nutrition, affordable, and planet-friendly, beans, pulses, and lentils are the future of healthy eating.



Veg Power and The Food Foundation, with support from the National Lottery, are launching a fully funded 3-year beans programme for 750 primary schools across the UK, focusing on lower-income communities.

 Starts: 3rd November 2025  Runs until: July 2028 What's involved? 


Working with school caterers to boost beans on the menu.

 Enjoy themed activities, decorations, and take-home resources.

 Schools receive physical and digital materials including posters, stickers & more.

 Pupils will be encouraged to try, explore and eventually love beans. 

Apply now: Beans Programme Application Form

 Deadline: Tuesday, 22nd July 2025 Let's get kids loving beans—for their health, their future, and the planet!

Pro Veg UK ProVeg UK offers free support to local authorities, contract caterers, multi-academy trusts, and individual schools throughout the UK through its School Plates programme. Our team helps school menus become healthier, more sustainable, and save money through menu reviews, plant-based recipe development, and both online and in-person plant-based cooking training with catering staff. You can download The Guide to the programme. Our team has so far helped to swap 54 million meals from meat-based to meat-free or plant-based. We are currently supporting 103 major catering partners, responsible for over 10,000 schools and 1.25 million children.

Useful resources & offers:

Recipes

ProVeg UK Canteen to Classroom 

Online Cooking Workshops

School Plates Award 

Sign up for our newsletter For more information, please contact us at [schools@proveg.org](mailto:schools@proveg.org)

## Apprenticeship Opportunities for your Students and Staff

Please see a range of educational and sporting apprenticeship opportunities [HERE](#) for your school staff and students. Please pass onto any students and staff who would be suitable. For more information please contact Vanessa – [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)

**EDUCATIONAL & SPORTING FUTURES**  
Apprenticeships by Sporting Futures Training Ltd

**Ofsted Outstanding Provider**

### Apprenticeships Opportunities for school leavers

A guide for school leavers, parents and carers

#### Career Pathways

High-quality apprenticeship training, inspiring careers through sport and education in a school or community setting

**Why an apprenticeship?**

- For students considering taking a gap year
- A stepping stone into teaching
- An alternative pathway to higher education
- Earn while you learn and train.

**SCAN FOR MORE INFO**

**esfapprenticeships.co.uk**      **01438 791068**

Logos: Educational Training, PE, Health & Wellbeing, Early Years, real group, Ofsted, WINNER, BUSINESS AWARDS

**EDUCATIONAL & SPORTING FUTURES**  
Apprenticeships by Sporting Futures Training Ltd

**APPRENTICESHIPS IN SCHOOLS**

**Ofsted Outstanding Provider**

**COMMUNITY ACTIVATOR Level 2**  
13-15 months, including one month for End Point Assessment (EPA)

**TEACHING ASSISTANT (PE FOCUS) Level 3**  
13-15 months, including one month for End Point Assessment (EPA)

**SPORTS COACH Level 4**  
19 months, including five months for End Point Assessment (EPA)

### PE, HEALTH AND WELLBEING APPRENTICESHIPS

Make sustainable improvements for your school through developing a whole-school approach to PE, health and wellbeing to support school sport and physical activity. We deliver an Ofsted 'Outstanding' rated apprenticeship programme that focuses on meeting the current needs of pupils and schools. Learners will be trained by qualified PE teachers and sector specialists to work within a school to develop and take on responsibilities for leading sports in a school or community setting.

**Benefits of PE, Health and wellbeing apprenticeship training for your school**  
Apprenticeships provide additional opportunities to expand your sports provision and create a professional development pathway for an existing member of PE staff or to increase the capacity of your staff team by employing a new PE, health and wellbeing apprentice.

**Course Content:**

**Level 2: Community Activator**

- Deliver project based tasks to support whole school health and wellbeing agenda
- Work with the wider community to enhance the physical activity offering to pupils.
- Increase opportunities and capacity for extra-curricular and wrap around provision

**Level 3: Teaching Assistant | PE Focus**

- Work with teachers to understand and support assessment for learning
- Develop knowledge, skills and behaviours relevant to the PE TA role
- Gain new ideas and strategies for use in the PE setting to address the health and wellbeing agenda

**Level 4: Sports Coach**

- Develop knowledge, skills, and behaviours relevant to the PE curriculum.
- Enhance teaching and curriculum planning skills
- Gain knowledge and skills to drive the development of the whole school PE and school sport strategy

Visit: [sportingfuturestraining.co.uk](http://sportingfuturestraining.co.uk) | Tel: 01438 791068

## Apprenticeship Opportunities for your Students and Staff

Please see a range of educational and sporting apprenticeship opportunities below for your school staff and students. Please pass onto any students and staff who would be suitable. For more information please contact Vanessa – [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)

|  | Learner Links  | Employer Links   |
|--|--|--|
| Level 2 Community Activator                  | <a href="#">Level 2 Community Activator</a>                  | <a href="#">PE Apprenticeship: Level 2 Community Activator - Educational and Sporting Futures</a>                |
| Level 3 Teaching Assistant (with a PE focus) | <a href="#">Level 3 Teaching Assistant (with a PE focus)</a> | <a href="#">Teaching-Assistant with PE, Health and Well-Being Focus - Educational and Sporting Futures</a>       |
| Level 4 Sports Coach                         | <a href="#">Level 4 Sports Coach Learner Information</a>     | <a href="#">Sports Coach Apprenticeship - Educational and Sporting Futures</a>                                   |
| Level 3 Classroom Teaching Assistant         | <a href="#">Level 3 Teaching Assistant</a>                   | <a href="#">Level 3 Teaching Assistant including specialist SEND training - Educational and Sporting Futures</a> |

|   |  |  |
|---|--|--|
| (with a SEND focus)                                       | <a href="#">Classroom Focused</a>                |  |
| Level 3 Early Years Educator                              | <a href="#">Level 3 Early Years Practitioner</a> | <a href="#">Early Years Apprenticeships - Educational and Sporting Futures</a> |
| Level 7 Senior Leader + NPQSL                             |  | <a href="#">Level 7 Senior Leader with NPOSL</a>                               |
| Advanced SEND Leader Level 7 Senior Leader Apprenticeship |  | <a href="#">Advanced SEND Leader Level 7 Senior Leader Apprenticeship</a>      |
| Level 5 Specialist Teaching Assistant                     |  | <a href="#">Level 5 Specialist Teaching Assistant</a>                          |

# CPD OPPORTUNITIES

## Motor Activity Training Programme

An introduction to Special Olympics and the Motor Activities Training Programme (MATP) including theory, available resources, implementation and the national participation pathway available. MATP is a sport and training programme for people with Profound and Multiple Learning and Physical Disabilities and Complex Support Need.

Click on '[select tickets](#)' on this link to see the sessions available throughout the year.

## Inclusive Education Hub

Here you will find lots of support for you as teachers or school staff to review and improve your inclusive physical education and school sport delivery. It is all made possible through the Department of Education-funded, Inclusion 2024 project.

Once [registered](#), you will be able to complete the Inclusive PE self-assessment. Then you will be directed to relevant resources based on your answers and receive tips to continually improve the way you work.

Please click on the link below: <https://education.activityalliance.org.uk/>

## TOP Sportsability

TOP Sportsability is an online resource for schools and offers practical advice to teachers, learning support staff, and other sports practitioners. It consists of video clips and downloadable content showing ideas and strategies to support the inclusion of young disabled people in physical activity and is divided into five areas.

Top Sportsability now sits on the Youth Sport Trust website [here](#). A code is required to access the content including 24 Sports and activity areas including 3 Paralympic Sports (Boccia, Goalball and Sitting Volleyball).

The code is: YSTINCLUSION27

## **British Gymnastics Physical Education Teachers Trampoline Refresher Course for holders of the BG Teachers Award at Part 1 and Part 2**



Please [Click Here](#) for up and coming trampolining courses

## **Children and Young People- Barriers & Motivators to Physical Activity Survey Have your say!**

In Barnet, we want children, young people and their families to be supported to live healthy and active lifestyles. This survey will be asking questions about the barriers and motivators to physical activity for children and young people. The findings will be collated and used for Children and Young People's Physical Activity Needs Assessment being undertaken by the Barnet Start and Grow Well Public Health Team. The survey will be open till the end of January 2025 and takes approximately 5-10 minutes to complete.

We are asking for the following individuals to complete this survey:

- parents/carers with a child between 2 (toddler) to 16 years of age
- young people aged between 12-16 years ·
- professionals who work with children and families

Survey link: <https://forms.office.com/e/wKUbZERqAC>.

Thank you in advance. We look forward to capturing your views.

## **Middlesex Cricket**

Canons CC will refer female PE staff members to MJCA Girls Area Chair (Laura Desilva) and Middlesex Cricket Women & Girls Manager (Dan Reynolds) who will sign up the participants. The spots are limited by available Bursary, there is no application or selection.

Canons CC runs girls cricket training all year on Sundays for girls ages U10 and U13, where we invite qualified female coaches to train the girls, up to 18 girls in each session, and 2 - 3 female coaches, for which Club has a budget indicatively £20-£25 per hour.

This builds out a self sustainable ecosystem that connects our local Barnet schools, PE staff & club cricket - so that deserving children progress into county pathway.

<https://www.middlesexccc.com/page/coach-development-courses>

Happy to receive a phone call 07818488159



## CONTACT THE TEAM FOR MORE SUPPORT

Jo Eames - Strategic Manager & South Contact - [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

Khalil Zakkour - School Games Organiser (East) - [Kzakkour@eastbarnetschool.com](mailto:Kzakkour@eastbarnetschool.com)

Caroline Connell - School Games Organiser (West) - [cconnell@stjames.barnet.sch.uk](mailto:cconnell@stjames.barnet.sch.uk)

Jason Vassiliades - School Games Organiser (Central) - [j.vassiliades@qegschool.org.uk](mailto:j.vassiliades@qegschool.org.uk)

*LinkedIn: [www.linkedin.com/in/BarnetSport](http://www.linkedin.com/in/BarnetSport)*

*Website: [www.barnetpartnershipforschoolsport.co.uk](http://www.barnetpartnershipforschoolsport.co.uk)*

*Twitter: <https://twitter.com/BarnetSport>*

*Instagram: @barnetsport*