#BarnetTwinTowns
Schools FAQ

o **What is the purpose of this challenge?**
To motivate your pupils to be physically active during these challenging times. We all know the benefits of leading an active lifestyle on our physical and mental health, which is more prevalent now more than ever.

o **Why visit Barnet's 8 Twin Towns?**
We thought the Twin Town theme adds a fun cultural aspect to the challenge and can be used across other subject areas should schools wish.

o **What counts as being Physically Active?**
In this case, simply any activity which involves moving. This could include, but is not limited to, walking the dog, riding a bike or scooter, playing tag with a sibling, etc.

o **Do we need to know distance and duration each pupil was physically active for?**
No, but if your school would like to implement this challenge into an intra school competition, please feel free to contact us, but it is not a requirement.

o **What data do you require and how do you suggest we collect it?**
We simply ask how many pupils from each key stage have been physically active for 5 or more days that week. We will then use an algorithm based on each key stage to calculate the distance travelled. The simplest way you could collect this data is a show of hands whilst on a live lesson, but please use a method which works best for you.

o **When do we send our data and who to?**
You can send your weekly data anytime. Please send it to bpss.barnet@gmail.com or your School Games Organiser.

o **How do you suggest engaging with pupils and guardians?**
We have produced an information and FAQ document for parents/guardians. Please feel free to share these with your school community.

o **Will we receive updates on our progress?**
Regular updates on our journey will be shared via email and social media. We would love to see your pupils in action across our social media platforms listed at the bottom of this page, by tagging us @BarnetSport and using #BarnetTwinTowns.

If you have any questions please do not hesitate to contact us.

We hope you will come on this exciting journey with us ☺

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www.barnetpartnershipforschoolsport.co.uk