

BPSS Primary Virtual Resource Directory

- ★ [BPSS Twin Towns Challenge](#) – Join Barnet in travelling to our 8 twin towns across the world, whether you are out walking your dog, riding your bike or out on a family walk, you can play your part
- ★ [BPSS Stay In Work Out Challenges](#) – a variety of personal challenges set by teachers across Barnet in the first lockdown
 - [Born to Move](#) – classes based on dance, yoga and martial arts
 - [Chance to Shine](#) – The Chance to Shine 'Cricket at Home' sessions feature a clear and easy to follow instructional videos with a supporting written guidance document
 - [C4L Shake up](#) – 10 minute activities inspired by Disney and Pixar characters
 - [Complete PE Home Learning Resource Videos](#) – a variety of free PE activities
 - [Cosmic Kids Yoga](#) – fun and engaging yoga sessions
 - [HSBC Ready Set Ride](#) – quick and easy games to help you teach your child how to pedal.
 - [Our Parks Superhero Fitness](#) – 10 minute superhero fitness sessions
 - [Panathlon at Home](#) - fun inclusive activities which can be done at home
 - [PE and School Sports Network](#) – a resource booklet providing ideas on wellbeing, games, exercises and recipes
 - [Premier League Primary Stars Home Resources](#) – a variety of activities and resources to keep kids active at home
 - [The Body Coach TV](#) – Joe Wicks will be running his 20 minute PE classes on Mondays, Wednesdays and Fridays at 9am
 - [The FA Super Kicks](#) – These are football challenges to get your child active, playing football and sparking their imagination
 - [This Girl Can Disney Dance Along](#) – Disney dance routines for all the family
 - [YST After School club](#) – Youth Sport Trust will continue to run their after school clubs twice a week with the help of professional athletes
 - [YST 60 Second Physical Activity Challenges](#) – a variety of fun personal best challenges
 - [YST Family Resources](#) – resources include activities, games and challenges for all occasions and for all the family
 - [Zumba Kids](#) – a variety of Zumba dances aimed at children