

## **SPRING 2 HALF TERM**

### **Training to support the Healthy Early Years London awards**

*This training is delivered by Health Education Partnership and supports the Healthy Schools London programmes in Barnet, Kensington and Chelsea, and Westminster.*

#### **Childminder Training - Supporting healthy social and emotional development**

**Date:** Saturday 6th March

**Times:** 9:30am-11:30am

**Booking:** [https://www.research.net/r/BookingForm\\_HEYCM\\_SocialEmotionalDev\\_06Mar21](https://www.research.net/r/BookingForm_HEYCM_SocialEmotionalDev_06Mar21)

See training outline page 2

#### **Using Zoom to support effective remote engagement with parents/carers**

**Date:** Wednesday 10<sup>th</sup> March

**Times:** 3:45pm-5:00pm

**Booking:** [https://www.research.net/r/BookingForm\\_HSHEYZoom\\_10Mar21](https://www.research.net/r/BookingForm_HSHEYZoom_10Mar21)

See training outline page 3

#### **Achieving the Healthy Early Years London Silver and Gold awards**

**Date:** Tuesday 23rd March

**Times:** 4:00pm-5:30pm

**Booking:** [https://www.research.net/r/BookingForm\\_HEYSilverGold\\_23Mar21](https://www.research.net/r/BookingForm_HEYSilverGold_23Mar21)

See training outline page 4

#### **For more information please contact:**

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## **CHILDMINDER TRAINING - SUPPORTING HEALTHY SOCIAL AND EMOTIONAL DEVELOPMENT**

*This training is delivered by Health Education Partnership and supports the Healthy Early Years London programmes in Barnet, Kensington and Chelsea, and Westminster.*

**Date:** Saturday 6<sup>th</sup> March 2021

**Venue:** Online via Zoom.

**Times:** 9:30am – 11:30 am

**Audience:** Childminders in Barnet, Kensington and Chelsea, and Westminster. To be eligible to attend this training, you must register with the Healthy Early Years London programme. To register please complete the online form

<https://www.research.net/r/HEPHEYL>

**Cost:** FREE

### **Introduction:**

Social and emotional development are key building blocks for future success in life and impact later learning, achievement and wellbeing. This workshop will consider what childminders can do to support this vital area of development.

### **Outcomes:**

- To review social and emotional development within the EYFS and developmental milestones
- To explore what is important in social and emotional development and wellbeing
- To reflect upon how routines and the environment can support social and emotional development
- To take away practical ideas for activities to support social and emotional development
- To be able to recognise children who are struggling in their social and emotional development and have strategies for supporting them

### **Links to Healthy Early Years London Bronze & Silver criteria**

- Social and Emotional Wellbeing – 1b, 1c, 1d, 1g
- Early identification – 12a
- Professional development - 16a

### **Booking**

[https://www.research.net/r/BookingForm\\_HEYCM\\_SocialEmotionalDev\\_06Mar21](https://www.research.net/r/BookingForm_HEYCM_SocialEmotionalDev_06Mar21)



## **USING ZOOM TO SUPPORT EFFECTIVE REMOTE ENGAGEMENT WITH PARENTS/CARERS**

*This training is delivered by Health Education Partnership and supports the Healthy Early Years London programmes in Barnet, Kensington and Chelsea, and Westminster.*

**Date:** Wednesday 10<sup>th</sup> March

**Format:** Online via Zoom

**Times:** 3:45pm to 5pm

**Audience / For:** Early Years Practitioners working towards a Healthy Early Years London (HEYL) award

To be eligible to attend this training, your setting needs to be registered with Healthy Early Years London. To register with HEYL please go to <https://www.research.net/r/HEPHEYL>

**Cost:** FREE

### **Introduction:**

Social Distancing measures as a result of Covid-19 have presented many challenges to settings including how to continue to engage with and provide information to families. We have all had to utilise online platforms to keep in touch with each other but in some cases, there has been little training around how to use these platforms effectively. This interactive course will take you through the various tools within Zoom using practical examples to help build your confidence.

**NB: You will need to access this course via a computer or tablet with a working camera and microphone.**

### **The training will focus on:**

- Introducing the main functions of Zoom
- Attendees will practice using the various tools
- Practical examples of how the platform can be used with parents/carers

### **Links to Healthy Early Years London Bronze & Silver criteria**

- Section A - All criteria re planned/promoted activities that parents/carers can attend and all criteria re information for parents/carers: 1c, S1a, 2c, 3g, 3h, 4a, 4b, S5a, 6g, 7e, S8a, S9b
- Section B – 10a, 11b, 11c
- Section C – 17a

### **To Apply:**

[https://www.research.net/r/BookingForm\\_HSHEYZoom\\_10Mar21](https://www.research.net/r/BookingForm_HSHEYZoom_10Mar21)



## HEALTHY EARLY YEARS LONDON – ACHIEVING THE SILVER AND GOLD AWARDS

*This training is delivered by Health Education Partnership and supports the Healthy Early Years London programmes in Barnet, Kensington and Chelsea, and Westminster.*

**Date:** Tuesday 23<sup>rd</sup> March 2021

**Times:** 4:00pm-5:30pm

**Format:** Online via Zoom

**Audience / For:** Early Years Practitioners interested in achieving the Healthy Early Years London Silver and Gold awards for their setting. The Healthy Early Years London awards are open to:

- Children's Centres
- Nursery Schools
- Private, Voluntary and Independent Nurseries
- Early Years in Schools
- Childminders
- Creches and Playgroups

To be eligible to attend this training, your setting needs to be registered with Healthy Early Years London and have either achieved or be working towards the HEYL Bronze award. To register with HEYL please go to

<https://www.research.net/r/HEPHEYL>

**Cost:** FREE

### **Introduction:**

This training will provide an overview of the Healthy Early Years London Silver and Gold awards and will provide an opportunity to start working towards the Silver award.

### **The training will help you to:**

- To gain a better overview of the Healthy Early Years London awards' pathway, criteria and associated paperwork;
- To identify health priorities; and the needs of local population, in relation to early years settings;
- To improve understanding in relation to collecting data for evidence;
- To improve skills in formulating targets/planned outcomes and actions in relation to it;
- To identify available support and next steps.

### **To Apply:**

[https://www.research.net/r/BookingForm\\_HEYSilverGold\\_23Mar21](https://www.research.net/r/BookingForm_HEYSilverGold_23Mar21)