BPSS COMMUNITY NEWSLETTER MAY 2021



Welcome to the inaugural *Community Newsletter*. A monthly newsletter, aimed towards parents, guardians and carers of children and young people (CYP) within Barnet.

The Chief Medical Officer (CMO) guidance states that 'all CYP take part in at least 60 minutes of physical activity every day.' As set out in the Childhood Obesity Plan, at least 30 minutes should take place in schools, and the remaining 30 outside the school day. The pandemic has had a damaging impact with only 19% of CYP currently meeting this target.

As we start to ease out of lockdown via the government's roadmap, local sports clubs and organisations are beginning to return to play. Therefore, we thought it would be useful to provide a list of sports clubs and organisations that we at Barnet Partnership for School Sport (BPSS) work in partnership with to deliver an extensive programme of Physical Education, School Sport and Physical Activity (PESSPA).

Athletics

Barnet Copthall Athletics Academy deliver an athletics academy at the StoneXStadium (previously called Allianz Park).

Sessions take place on Tuesdays (over 8s), Wednesdays (under U8's) and Thursdays (over 8s). All sessions are 4.30-5.30pm and cost £6.

For more information, please contact Ty Holden 07737 8032.

MultiSports

Non Stop Action offer Football, Acro-gymnastics and Dance (Ballet, Jazz, Street Dance, Contemporary) classes for children of all ages and abilities. Newcomers can try out any class for FREE.

For more information and to book your free session please contact:
Tel: 020 8446 0006 / info@NonStopAction.co.uk / www.nonstopaction.co.uk

Non Stop Action also run an OFSTED registered active holiday camp every school holiday - their next camp is June 1st-4th.

About Us

We are a "not for profit" organisation involved in PESSPA.

Our ultimate aim is to increase opportunities and participation for all.

Please find our contact details below.









Junior Parkrun

Friary Park hosts a free weekly Junior Parkrun every Sunday at 9am.

This 2k event is currently open to anyone aged 4-10 years old (usually up to 14 years of age, however restricted due to Covid-19).

For further information or to register, please visit www.parkrun.org.uk/friarypark_juniors



Online bookings are now live!

We're once more open for basketball, dance, art, music media, football, boxing, climbing and MORE!

To book onto one of our Junior Senior or SEND sessions, please visit our website:



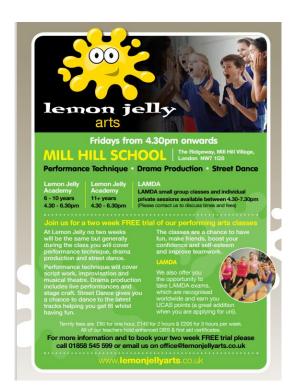
YOUR VOICE. YOUR POWER.





10th May - 24th May

#THISISLYG

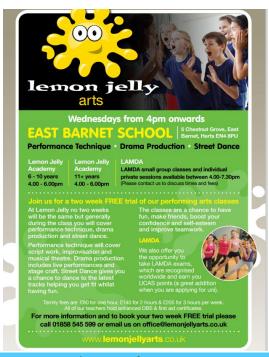




Calling all young Londoners!

London Youth
Games (LYG) is
launching a
Virtual Spring
Run
competition for
all Londoners
aged 18 and
under.





The competition will begin on Monday 10th May and run for a two-week period until Monday 24th May.

For more information please visit www.londonyo uthgames.org

Contact the team for more support



Jo Eames – Strategic Manager – j.eames@qegschool.org.uk

Mark Betts – School Games Organiser (Central & East) – <u>m.betts@qegschool.org.uk</u>

Katie Bailey - School Games Organiser (South & West)- kba@whitefield.barnet.sch.uk

LinkedIn: www.linkedin.com/in/BarnetSport

Website: www.barnetpartnershipforschoolsport.co.uk

Twitter: https://twitter.com/BarnetSport Instagram: @barnetsport