

# BPSS COMMUNITY NEWSLETTER MAY 2021



Welcome to the inaugural *Community Newsletter*. A monthly newsletter, aimed towards parents, guardians and carers of children and young people (CYP) within Barnet.

The Chief Medical Officer (CMO) guidance states that 'all CYP take part in at least 60 minutes of physical activity every day.' As set out in the Childhood Obesity Plan, at least 30 minutes should take place in schools, and the remaining 30 outside the school day. The pandemic has had a damaging impact with only 19% of CYP currently meeting this target.

As we start to ease out of lockdown via the government's roadmap, local sports clubs and organisations are beginning to return to play. Therefore, we thought it would be useful to provide a list of sports clubs and organisations that we at Barnet Partnership for School Sport (BPSS) work in partnership with to deliver an extensive programme of Physical Education, School Sport and Physical Activity (PESSPA).

## Athletics

Barnet Copthall Athletics Academy deliver an athletics academy at the StoneXStadium (previously called Allianz Park).

Sessions take place on Tuesdays (over 8s), Wednesdays (under U8's) and Thursdays (over 8s). All sessions are 4.30-5.30pm and cost £6.

For more information, please contact Ty Holden 07737 8032.

## MultiSports

Non Stop Action offer Football, Acro-gymnastics and Dance (Ballet, Jazz, Street Dance, Contemporary) classes for children of all ages and abilities. Newcomers can try out any class for FREE.

For more information and to book your free session please contact:

Tel: 020 8446 0006 / [info@NonStopAction.co.uk](mailto:info@NonStopAction.co.uk) / [www.nonstopaction.co.uk](http://www.nonstopaction.co.uk)

Non Stop Action also run an OFSTED registered active holiday camp every school holiday - their next camp is June 1<sup>st</sup>-4<sup>th</sup>.

## About Us

We are a "not for profit" organisation involved in PESSPA.

Our ultimate aim is to increase opportunities and participation for all.

Please find our contact details below.

**WANT TO PLAY FOR BARNET'S BIGGEST GIRLS FOOTBALL CLUB?**  
BARNET NIGHTINGALES ARE RECRUITING




IF YOU WOULD LIKE TO JOIN US, WHY NOT COME DOWN TO ONE OF OUR TRAINING SESSIONS IN THE FRIERN BARNET/FINCHLEY AREA?




FOR MORE INFO CONTACT DOM - SECRETARY@BARNETNIGHTINGALESFC.CO.UK  
TEL/WHATSAPP 07905 168682

**OLD FINCS**

# WE NEED NEW JUNIOR PLAYERS!

If you are in year 6 - year 11 and want to play more netball outside of school, come and join us! We have three junior squads and offer a high level of coaching and development.

Email [youngfincs@gmail.com](mailto:youngfincs@gmail.com) for more information

[www.oldfincs.co.uk](http://www.oldfincs.co.uk)

## Junior Parkrun

Friary Park hosts a free weekly Junior Parkrun every Sunday at 9am.

This 2k event is currently open to anyone aged 4-10 years old (usually up to 14 years of age, however restricted due to Covid-19).

For further information or to register, please visit [www.parkrun.org.uk/friarypark-juniors](http://www.parkrun.org.uk/friarypark-juniors)



**SKOLARS**  
PER ARDUA

- Training to resume in April and run until August.
- Wed evenings & Saturday mornings
- Fully Qualified Coaches
- Age Groups from U9s - U18s
- Covid protocols in place
- All Abilities Welcome



Tel: 07368244167  
E-mail: [info@skolarsrl.com](mailto:info@skolarsrl.com)  
Website - [www.skolarsrl.com](http://www.skolarsrl.com)  
Address: New River, White Hart Lane, Haringey, N22 5QW

**WINGATE & FINCHLEY FC**

## 2021/22 YOUTH FOOTBALL TRIALS

BE PART OF A SEMI-PROFESSIONAL STEP 3 FOOTBALL CLUB

THE FOOTBALL PAD  
BARNET LANE, EN5 2DN

AGE GROUP	DATE	TIME
U7 (Year 1)	SUN 9 <sup>TH</sup> MAY	5.30PM
U8 (Year 2)	WED 9 <sup>TH</sup> JUNE	5.30PM
U9 (Year 3)	WED 9 <sup>TH</sup> JUNE	6.30PM
U10 (Year 4)	WED 9 <sup>TH</sup> JUNE	7.30PM
U11 (Year 5)	THUR 10 <sup>TH</sup> JUNE	6.30PM
U12 (Year 6)	THUR 10 <sup>TH</sup> JUNE	7.30PM

\*Current School Year

**U13-U18 ELITE TRIALS FOR EJA LEAGUE**  
BY INVITATION ONLY  
PLEASE REGISTER AND WE WILL BE IN TOUCH

ALL TRIALISTS MUST BE PRE-REGISTERED, PLEASE VISIT [www.wingatefinchley.com/trials](http://www.wingatefinchley.com/trials)

COVID secure venue. Trials run according to FA and government guidelines.

**unitas**  
AN ON-SIDE YOUTH ZONE

Online bookings are now live!

We're once more open for basketball, dance, art, music, media, football, boxing, climbing and MORE!

To book onto one of our Junior, Senior or SEND sessions, please visit our website: [www.unitasyouthzone.org](http://www.unitasyouthzone.org)

**YOUR VOICE. YOUR POWER. YOUR UNITAS.**



Become a Member for just £5 per year, and 50p per visit!

Please visit [www.unitasyouthzone.org](http://www.unitasyouthzone.org)



# VIRTUAL SPRING RUN

10th May - 24th May

#THISISLYG





**lemon jelly arts**

**Fridays from 4.30pm onwards**  
**MILL HILL SCHOOL** | The Ridgeway, Mill Hill Village, London NW7 1QS  
**Performance Technique • Drama Production • Street Dance**

<b>Lemon Jelly Academy</b> 6 - 10 years 4.30 - 6.30pm	<b>Lemon Jelly Academy</b> 11+ years 4.30 - 6.30pm	<b>LAMDA</b> LAMDA small group classes and individual private sessions available between 4.30-7.30pm (Please contact us to discuss times and fees)
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**Join us for a two week FREE trial of our performing arts classes**

At Lemon Jelly no two weeks will be the same but generally during the class you will cover performance technique, drama production and street dance. Performance technique will cover script work, improvisation and musical theatre. Drama production includes live performances and stage craft. Street Dance gives you a chance to dance to the latest tracks helping you get fit whilst having fun.

The classes are a chance to have fun, make friends, boost your confidence and self-esteem and improve teamwork.

**LAMDA**  
We also offer you the opportunity to take LAMDA exams, which are recognised worldwide and earn you UCAS points (a great addition when you are applying for uni).

Termly fees are: £90 for one hour, £140 for 2 hours & £205 for 3 hours per week. All of our teachers hold enhanced DBS & first aid certificates.

**For more information and to book your two week FREE trial please call 01858 545 599 or email us on [office@lemonjellyarts.co.uk](mailto:office@lemonjellyarts.co.uk)**

[www.lemonjellyarts.co.uk](http://www.lemonjellyarts.co.uk)



**Big Moments of summer fun!**

**Ages 5-8**



**Join us at:**

**Sessions will run:**

**Session timings:**

**For any questions please email:**


**Sign up today at**  
[allstarscricket.co.uk](http://allstarscricket.co.uk) or at the centre

Calling all young Londoners!

London Youth Games (LYG) is launching a Virtual Spring Run competition for all Londoners aged 18 and under.

The competition will begin on Monday 10<sup>th</sup> May and run for a two-week period until Monday 24<sup>th</sup> May.

For more information please visit [www.londonyouthgames.org](http://www.londonyouthgames.org)



**Ages 8-12**



**This is our game.**

**Join us at:**

**Sessions will run:**

**Session timings:**

**For any questions please email:**  [dynamicscricket.co.uk](http://dynamicscricket.co.uk)



**lemon jelly arts**

**Wednesdays from 4pm onwards**  
**EAST BARNET SCHOOL** | 5 Chestnut Grove, East Barnet, Herts EN4 8PU  
**Performance Technique • Drama Production • Street Dance**

<b>Lemon Jelly Academy</b> 6-10 years 4.00 - 6.00pm	<b>Lemon Jelly Academy</b> 11+ years 4.00 - 6.00pm	<b>LAMDA</b> LAMDA small group classes and individual private sessions available between 4.00-7.30pm (Please contact us to discuss times and fees)
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[www.lemonjellyarts.co.uk](http://www.lemonjellyarts.co.uk)

Contact the team for more support

Jo Eames – Strategic Manager – [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

Mark Betts – School Games Organiser (Central & East) – [m.betts@qegschool.org.uk](mailto:m.betts@qegschool.org.uk)

Katie Bailey – School Games Organiser (South & West) – [kba@whitefield.barnet.sch.uk](mailto:kba@whitefield.barnet.sch.uk)

LinkedIn: [www.linkedin.com/in/BarnetSport](http://www.linkedin.com/in/BarnetSport)

Website: [www.barnetpartnershipforschoolsport.co.uk](http://www.barnetpartnershipforschoolsport.co.uk)

Twitter: <https://twitter.com/BarnetSport> Instagram: @barnetsport

