

# BPSS Primary Newsletter September 2021



## WELCOME

...to the start of a new school year. We hope you had a restful and enjoyable break over the summer period, however you chose to spend it.

As restrictions continue to ease and Covid-19 becomes a part of our everyday lives, we look ahead to the 2021/22 academic year with great excitement and anticipation. The role of the **BPSS** in putting physical activity and competitive sport at the heart of schools has never been more important with declining activity levels and reduced mental health and wellbeing in young people.

Our priorities will be on school engagement and most notably;

- '60 Active Minutes' as an entitlement for every child as part of a universal offer for all schools

- Helping targeted young people to support their physical literacy, emotional, social and physical wellbeing e.g. through events and competitions.
- Having a clear focus on transition points
- Providing high-quality leadership and volunteering experiences
- Raising the profile of School Games through schools to parents and wider stakeholders.

Our schedule will see some activities remain the same, some will evolve and there will be some new and exciting additions. We want to engage you in the process and understand your young people's needs.

If you have not yet completed the BPSS Survey and would like to buy into the partnership this academic year, please click [here](#).

Please read our new [Strategy and Service Level Agreement](#) which will need to be agreed to within the survey

Please do let us know if there is anything we can help support you with.

All the best,

The BPSS Team ☺

## About Us

Through BPSS opportunities, we aim to enable young people in Barnet schools to become confident, physically competent, emotionally resilient and empathetic citizens who can independently and successfully make sustainable healthy lifestyle choices and pursue personalised sporting and physically active pathways.

Our work is structured into 5 Strategic Themes. Although they are clear stand-alone themes – they all interlink and work in unison to provide the Core Services for our BPSS member schools. These themes provide headline targets for BPSS - Participation, Competition for all, Club Pathways, Workforce & Sustain and Grow.

Our work has developed to enhance Resilient Schools, Healthy Schools and Healthy Weight programmes since 2020.

BPSS also deliver the government funded School Games programme which is available to all schools nationally.

If you would like a member of our team to come and have a meeting with you regarding your whole school planning/PE & Sport Premium for PE, School Sport, Physical Activity and Wellbeing for 2021/22 please contact us.



## FOOTBALL & NETBALL LEAGUES – IMPORTANT INFORMATION

We are delighted to announce the return of both the **Primary Football & Netball Leagues** this autumn term, following an absence of 18 months.

**Football** – schools should have received an email last Friday (3<sup>rd</sup> September). Within the email is a link to a quick survey, please complete the survey no later than 5pm Friday (10<sup>th</sup> September) to indicate which league and cup competitions you intend on entering. There are some additional questions asked which will be helpful for the league organisers to know when planning the competitions.

Any schools that do not complete the survey after the deadline run the risk of not being entered.

The Primary Football meeting will take place virtually on Thursday 16th September (4pm). Attendance is compulsory, further details will be sent to those schools that complete the survey.

**Netball** – schools should have received an email on Monday (6<sup>th</sup> September). Within the email is a link to a quick survey, please complete the survey no later than 5pm Friday (10<sup>th</sup> September) to indicate which league competitions you intend on entering. There are some additional questions asked which will be helpful for Katie to know when planning the leagues.

Any schools that do not complete the survey after the deadline run the risk of not being entered.

The Primary Netball meeting will take place virtually on Tuesday 14th September (3.45pm). Attendance is compulsory, further details will be sent to those schools that complete the survey.

### CPD



#### PE Subject Leaders – Tuesday 5<sup>th</sup> October 8.45am to 12noon

This is a great opportunity to re-energise and re-focus on Physical Education for your pupils and how it can contribute to both their physical and emotional wellbeing.

Our network has always been very strong and with a genuine culture of sharing ideas and resources and this session will be extremely useful for both established PE Subject Leaders as well as those who might be new to the role. We will closely examine the current needs of our pupils and review our curriculum provision as well as consider Health and Safety issues and gain clarity about what the PE Premium can offer our pupils with yet again a further year of funding.

The BPSS Team will also bring you up to date on their opportunities and the competition programme for 21/22. To book, please click [here](#).

#### Primary School Co-ordinators on Physical Health and Mental Wellbeing

London Sport has created a new online workshop to help primary teachers who are co-ordinators for health education. The workshop on 6<sup>th</sup> October will help co-ordinators support their fellow teachers teach the new curriculum. The course is online, free and is 90 minutes in duration.

For more information, please click [here](#)



# VIRTUAL SKIPPING CHALLENGES

Firstly, a huge **congratulations** to our overall winners from last academic year, **Monkfrith** (KS2) and **Annunciation Inf** (KS1). Thank you to all 36 schools that participated across the two competitions.

Full details of this year's **KS2 Virtual Skipping Competition**, which is set to run throughout the autumn and spring terms, was sent Wednesday (8<sup>th</sup> September). KS1 will have their opportunity to participate in summer term.

Please see the below table confirming the start and end date for each year group, click [here](#) for further information.

Year Group:	Start Date:	End Date:
Year 6	13 <sup>th</sup> September	22 <sup>nd</sup> October
Year 5	1 <sup>st</sup> November	10 <sup>th</sup> December
Year 4	3 <sup>rd</sup> January	11 <sup>th</sup> February
Year 3	21 <sup>st</sup> February	1 <sup>st</sup> April

## BPSS Partners

### Saracens Foundation – Rugby 4 Life Festivals

Saracens Foundation will be running both Intra and Inter Rugby 4 Life festivals.

**Intra Festivals:** A smaller private event held at your school for selected year groups. A qualified coach would deliver rugby games and fun activities for pupils during their PE lesson. This is ideal for schools that have limited rugby experience.



**Inter Festivals:** A large event involving multiple schools. Schools are entered into a round robin style event where they play as many non-competitive games as possible. The emphasis of the event will be around the Saracens core values and having as much fun as possible.

After both events pupils will be invited down to their local rugby club where they can continue playing.

If interested, please contact [Ben Wiggins](#) (Saracens Foundation Project Officer) for further details or to book.

### Virgin Money Giving Mini London Marathon

Suitable for children and young people of all ages and abilities, the opportunity to be part of something amazing by running, jogging, walking or wheeling 2.6 miles in their schools, between Monday 27 September and Friday 22 October. [Find out more.](#)



Our partner, Young Barnet Foundation, is calling for schools taking part in the 2021 Virgin Money Giving Mini London Marathon to “give local” and [raise money for the Space2Grow Children & Young People’s Fund.](#)

Space2Grow provides vital funding to local charities, community groups and social enterprises offering activities, opportunities and support services to children and young people living in the borough.

If your school would like to contribute and raise funds to support the great work delivered by Young Barnet Foundation members, email [info@youngbarnetfoundation.org.uk](mailto:info@youngbarnetfoundation.org.uk) or call 020 3621 6090.



**Para Dance UK Youth dance Competition is back** This year’s Youth Games Dance Competition is back and Para Dance have partnered with Alexandra Palace. Participating schools will have a selection of dance genres to choose from, teachers and students will be fully supported by Para Dance UK with lots of pre-recorded dance videos and creative content to get you all show ready and help make your final performance stand out. It’s a great opportunity for you to get creative and enjoy the many benefits of dance! [Register here](#)



# INCLUSIVE ATHLETICS FESTIVAL



## WHAT:

London Youth Games are hosting a free Inclusive Athletics Festival to enable young Londoners to try out different track and field events as seen at the Olympics and Paralympics. There will be coaching for all abilities plus fun competitions and special guest athletes. All participants will receive a free LYG t-shirt and medal. This is an inclusive event suitable for disabled and non-disabled young people.

## WHEN:

Saturday, 25th September  
11am – 3pm

## WHERE:

Battersea Park Millennium Arena,  
Albert Bridge Road, SW11 4NJ

## GET INVOLVED:

To get involved sign up via our registration form [here](#)  
You will need to confirm your attendance by 5pm on Monday 20th September.

If you have any questions or would like further information, please contact Si on [si@londonyouthgames.org](mailto:si@londonyouthgames.org).  
We look forward to hearing from you!



## PE AND SCHOOL SPORT APPRENTICES CAN .....

HELP INCREASE PHYSICAL ACTIVITY IN YOUR SCHOOL  
SUPPORT WITH STUDENT WELLBEING  
ASSIST WITH BREAKFAST, LUNCHTIME, AFTERSCHOOL CLUBS AND FIXTURES  
BE A POSITIVE ROLE MODEL FOR YOUR STUDENTS  
AND SO MUCH MORE

INTERESTED IN FINDING OUT HOW YOU CAN HAVE AN APPRENTICE AT YOUR SCHOOL?  
CONTACT JO EAMES FOR FURTHER DETAILS: [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

£3,000 Government incentive grant if  
you employ an apprentice by 30<sup>th</sup>  
September



Contact the team for more support

Jo Eames – Strategic Manager – [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

Mark Betts – School Games Organiser (Central) – [m.betts@qegschool.org.uk](mailto:m.betts@qegschool.org.uk)

Katie Bailey – School Games Organiser (South) - [kba@whitefield.barnet.sch.uk](mailto:kba@whitefield.barnet.sch.uk)

Vanessa Pender – School Games Organiser (East) - [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)

Caroline Connell – School Games Organiser (West) [cconnell@st-james.barnet.sch.uk](mailto:cconnell@st-james.barnet.sch.uk)



LinkedIn: [www.linkedin.com/in/BarnetSport](http://www.linkedin.com/in/BarnetSport)

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