# BPSS Secondary Newsletter September 2021



### **WELCOME**

...to the start of a new school year. We hope you had a restful and enjoyable break over the summer period, however you chose to spend it.

As restrictions continue to ease and Covid-19 becomes a part of our everyday lives, we look ahead to the 2021/22 academic year with great excitement and anticipation. The role of the BPSS in putting

physical activity and competitive sport at the heart of schools has never been more important with declining activity levels and reduced mental health and

wellbeing in young people.

engagement and most notably;'60 Active Minutes' as an

Our priorities will be on school

 '60 Active Minutes' as an entitlement for every child as part of a universal offer for all schools

- Helping targeted young people to support their physical literacy, emotional, social and physical wellbeing e.g. through events and competitions.
- Having a clear focus on transition points
- Providing high-quality leadership and volunteering experiences
- Raising the profile of School Games through schools to parents and wider stakeholders.

Our schedule will see some activities remain the same, some will evolve and there will be some new and exciting additions. We want to engage you in the process and understand your young people's needs.

If you have not yet completed the BPSS Survey and would like to buy into the partnership this academic year, please click <u>here</u>.

Please read our new <u>Strategy and</u>
<u>Service Level Agreement</u> which will need to be agreed to within the survey

Please do let us know if there is anything we can help support you with.

All the best.

The BPSS Team ©

#### **About Us**

Through BPSS opportunities, we aim to enable young people in Barnet schools to become confident, physically competent, emotionally resilient and empathetic citizens who can independently and successfully make sustainable healthy lifestyle choices and pursue personalised sporting and physically active pathways.

Our work is structured into 5
Strategic Themes. Although they are clear stand-alone themes – they all interlink and work in unison to provide the Core Services for our BPSS member schools. These themes provide headline targets for BPSS - Participation, Competition for all, Club Pathways, Workforce & Sustain and Grow.

Our work has developed to enhance Resilient Schools, Healthy Schools and Healthy Weight programmes since 2020.

BPSS also deliver the government funded School Games programme which is available to all schools nationally.

If you would like a member of our team to come and have a meeting with you regarding your whole school planning/PE & Sport Premium for PE, School Sport, Physical Activity and Wellbeing for 2021/22 please contact us.

#### **FIXTURES MEETINGS**

We held our fixtures meetings this week, it was so nice to be able to hold them face to face and great to see everyone. Thank you to The Wren Academy and The Compton for hosting the meetings. We hope you and your students are excited for the season ahead, good luck with your matches.

#### **CPD**

#### Secondary PE Subject Leaders Meeting – Thursday 7<sup>th</sup> October 2 – 4pm

#### Meeting Agenda:

- 1. A review of our PE curriculum addressing both the physical and emotional needs of our students and does it lead to increased physically active lifestyles?
- 2. Any H&S issues
- 3. Sharing good practice and resources / CPD needs
- 4. BPSS Team update

#### Book your place

#### **BPSS Partners**

#### Middlesex Fa

Players Wanted: 2021-22 Representative Teams

There are two matches remaining for the 2020-21 squads, but we're also looking for Schools, Districts, Club Coaches or Parents to nominate players for this season's Representative Teams. We are running five squads:

- U14 Boys
- U14 Girls
- U15 Boys
- U16 Boys
- U16 Girls



All teams will be playing in the South-East England FA competitions. To nominate a player, simply complete online form here before 5:00pm on Wednesday 15th September. Players without a nomination won't be allowed to participate in trials.

#### Mini Marathon Trials

To qualify for the Barnet team trials will take place on Saturday 18th September at the Oakhill Parkrun at 9am. If you are not already registered with Parkrun then you'll need to register before the race and get a barcode. Qualification for U13, U15 & U17 boys and girls and you must live or go to school in Barnet.

If you cannot attend the trial on the Saturday then there will be an alternative trial at Oakhill Park (same course) on Sunday 19th September at 9am.

Please confirm if you will be attending the trial by emailing Jeremy: <u>Jeremy.sothcott@btinternet.com</u>



#### Virgin Money Giving Mini London Marathon

Suitable for children and young people of all ages and abilities, the opportunity to be part of something amazing by running, jogging, walking or wheeling 2.6 miles in their schools, between Monday 27 September and Friday 22 October. <u>Find out more</u>.



Para Dance UK



Our partner, Young Barnet Foundation, is calling for schools taking part in the 2021 Virgin Money Giving Mini London Marathon to "give local" and <a href="mailto:raise money for the Space2Grow">raise money for the Space2Grow</a> Children & Young People's Fund.

Space2Grow provides vital funding to local charities, community groups and social enterprises offering activities, opportunities and support services to children and young people living in the borough.

If your school would like to contribute and raise funds to support the great work delivered by Young Barnet Foundation members, email <a href="mailto:info@youngbarnetfoundation.org.uk">info@youngbarnetfoundation.org.uk</a> or call 020 3621 6090.

#### Para Dance UK Youth dance Competition is back

This year's Youth Games Dance Competition is back and Para Dance have partnered with Alexandra Palace. Participating schools will have a selection of dance genres to choose from, teachers and students will be fully supported by Para Dance UK with lots of pre-recorded dance videos and creative content to get you all show ready and help make your final performance stand out. It's a great opportunity for you to get creative and enjoy the many benefits of dance! Register here

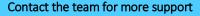


## WE'RE RECRUITING.....



DO YOU ENJOY SPORT AND PHYSICAL ACTIVITY?
DO YOU ENJOY WORKING WITH YOUNG PEOPLE?
WOULD YOU LIKE TO GAIN VALUABLE LIFE SKILLS AND EXPERIENCE
IN A SCHOOL-BASED WORK ENVIRONMENT?





Jo Eames – Strategic Manager – <u>j.eames@qegschool.org.uk</u>

 $Mark\ Betts-School\ Games\ Organiser\ (Central)-\underline{m.betts@qegschool.org.uk}$ 

Katie Bailey – School Games Organiser (South) - kba@whitefield.barnet.sch.uk

Vanessa Pender – School Games Organiser (East) - vpender@eastbarnetschool.com

 ${\bf Caroline\ Connell - School\ Games\ Organiser\ (West)\ \underline{\bf cconnell@st-james.barnet.sch.uk}}$ 

LinkedIn: <u>www.linkedin.com/in/BarnetSport</u>

Website: www.barnetpartnershipforschoolsport.co.uk

Twitter: <a href="https://twitter.com/BarnetSport">https://twitter.com/BarnetSport</a>

Instagram: @barnetsport

