

# BPSS Primary Newsletter January 2022



## WELCOME

.... to the start of a new calendar year, we hope you managed to have a relaxing and enjoyable break over the Christmas period, however you chose to spend it.

We have lots to look forward to this term, starting next Wednesday (12<sup>th</sup> January) with our termly PE Subject Leaders event. This is a great opportunity to come together, albeit virtually, as a network led by the fantastic Kim Henderson from BPSI. Further details can be found in the CPD section below.

Next up, on Wednesday 19<sup>th</sup> January you will find the BPSS team taking to the ice (aka sports hall floor) at Burnt Oak Leisure Centre for the Year 3&4 New Age Kurling event. This SEND competition always provides great excitement, as teams work together to try and land their stones closest to the target by rolling them along the floor.

On Thursday 20<sup>th</sup> January we take to the courts at Copthall Secondary School for the Year 5&6 Netball tournaments. There are still spaces available, deadline to register is 11<sup>th</sup> January.

A week later, Thursday 27<sup>th</sup> January, we head to Mill Hill Powerleague for the Year 5&6 Girls Football tournament. An impressive 30 schools have registered so far to take part across the morning and afternoon tournaments. The winners of each will play a one off match for the opportunity to represent Barnet at the School Games Finals later this term.

If you have any questions regarding any of these events mentioned or those taking place in future months (column to the right), please do not hesitate to contact your SGO, details of which can be found at the bottom of this newsletter.

On behalf of everyone at BPSS we wish you and your school communities a Happy, Healthy and Active 2022.

As always, please let us know if there is anything we can help support you with.

All the best, The BPSS Team ☺

## Up and Coming BPSS Events...

### January;

12<sup>th</sup> – PE Subject Leaders (Virtual)

19<sup>th</sup> – Year 3&4 New Age Kurling (SEND)

20<sup>th</sup> – Year 5&6 Netball

27<sup>th</sup> – Year 5&6 Girls Football

### February;

3<sup>rd</sup> – Year 5&6 Mixed Football

8<sup>th</sup> – Cross Country @ Copthall Playing Fields

10<sup>th</sup> – Primary Boccia (SEND)

22<sup>nd</sup> – Year 5&6 Basketball

23<sup>rd</sup> – Year 5&6 Netball Finals

24<sup>th</sup> – Cross Country @ Oakhill Pk

### March;

7<sup>th</sup> to 11<sup>th</sup> – Barnet Dance Festival

16<sup>th</sup> – Bees Netball Tournament

23<sup>rd</sup> – KS2 Sitting Volleyball

Please visit the [BPSS website](#) for more event details and to book!!!



## VIRTUAL SKIPPING CHALLENGES

Thank you to the 17 schools who participated in the Year 5 Virtual Skipping Challenge during autumn term 2, we hope your pupils had fun. All schools have been sent an email with a breakdown of the results.

A reminder that the Year 4 Virtual Skipping Challenge is now underway, please click [here](#) to view the challenge and submit your results. A reminder that you must be logged in to perform the latter. Full KS2 schedule below;

Year Group:	Start Date:	End Date:
Year 6		<a href="#">View Results</a>
Year 5		<a href="#">View Results</a>
Year 4	3 <sup>rd</sup> January	11 <sup>th</sup> February
Year 3	21 <sup>st</sup> February	1 <sup>st</sup> April

## BPSS Partners

### AfPE interpretation of the DfE (January 2022) Guidance

AfPE have updated their interpretation of the DfE January 2022 COVID guidance, please click [here](#) to read this updated version.



### School Games Mark 2021/22

As previously mentioned, the School Games Mark is set to be reinstated this year alongside the award levels of Bronze, Silver, Gold and Platinum. We had previously circulated the criteria, however this has since been amended, with the new criteria set to be published very soon.

If you are interested in applying for the School Games Mark or have any questions, please contact your SGO.

### Sugar Smart – Support the Sugar Smart Barnet Campaign!

The consequences of high sugar consumption for children includes tooth decay, excess weight, and even type 2 diabetes.

By signing up to Sugar Smart, you will be supporting efforts to reduce sugar consumption amongst the children and young people of Barnet. When you [sign up on the Sugar Smart website](#), your school will be encouraged to select Sugar Smart actions and will gain access to a wealth of campaign resources to support your school's efforts.



The Children & Young People's Public Health team will be hosting a short webinar on **Friday, 21st January @10am** for schools & early year's settings. To register, please click [here](#).

The webinar will include:

- An overview of the campaign
- What sugar smart actions are and how to implement them
- Support available to settings who join the campaign

### The Golden Kilometre

The local Barnet initiative called the 'Golden Kilometre' (previously called the Mayors Golden Kilometre), aims to support mental health resilience, and improve children's physical literacy and fitness levels.



Barnet Council would be grateful if you could complete a [10-second survey](#) that asks about your awareness of this initiative.

## Premier League Primary Stars – Inspiring Children to Learn and Be Active

Premier League Primary Stars uses the appeal of the Premier League and professional football clubs to inspire children to learn, be active and develop important life skills.



Inspiring girls and boys aged 5-11 in the classroom, in the playground and on the sports field. Teaching materials cover subjects from English and Math's, to teamwork and PE, with [free to download](#) activity ideas, worksheets, lesson plans and fun assemblies. The package can be tailored to fit in with your timetable. Further details attached.

The Hive Foundation, the charitable arm of Barnet FC and the London Bees, deliver the programme and have availability after February half term. If interested, please contact Sheena Hirani ([shirani@thehivefoundation.com](mailto:shirani@thehivefoundation.com)) directly.

## B2022 Learning Programme - Queen's Baton Relay Resources

The Queen's Baton Relay resources are designed to provide learning opportunities, both in the classroom and for at-home learning. The resources have been created for Reception, KS1 and KS2.



They aim to develop children's understanding of the Queen's Baton Relay, covering the history of the tradition, the Baton design, and the Baton Relay route as it travels to Birmingham 2022, through themed cross-curricular activities. Please share the resources with primary schools within your networks, click [here](#) to download.

## Golf Foundation – New Schools Programme Promotes Physical & Mental Benefits of Golf to Youngsters

The Golf Foundation is launching a new plan that aims to excite teachers, children and local PGA Professional coaches in a significant shift to high quality coaching in primary schools. This can grow the game, while the wider benefits of golf can help the physical and mental wellbeing of more young people at an important time nationally.

For more information please click [here](#).



## #LETGIRLSPLAY – Biggest Ever Football Session



It's time to take a stand, to make a difference for girls to play football – one simple message #LetGirlsPlay.

On Wednesday 9th March 2022, England Football and Barclays want to put on the biggest EVER football session for girls in school and they need your help!

Whether you're already delivering girls' football in your school or want to take that first step to give girls' equal access, #LetGirlsPlay biggest EVER football session is one not to be missed.

For more information and to register, click [here](#).

## Volleyball England – Free Guide to Teaching & Coaching

The aim of volleyball is to ground the ball on your opponent's side of the court whilst keeping the ball off the floor on your side. It's simple to explain, but tough to execute, so making a game for youngsters look and feel like a real game can be difficult.



Introducing Volley2s, a new version of the game that is supported by a free-to-download learning resource that helps teachers and coaches to develop volleyball fundamentals by gradually introducing children to a full version of volleyball. Volley2s is an adapted 2v2 version of volleyball to introduce volleyball to children of all abilities and disabilities between the age of 7 and 11 (KS2).

Click [here](#) to access free resources.

## CPD

### FREE Girls Football CPD

Disney Inspired Shooting Stars, by England Football is made up of two initiatives; Active Play Through Story Telling and Girls' Football Clubs, both have been developed to support the engagement of girls aged 5-11 years old.

There are some fantastic resources available to support you in delivering these sessions including story books, flipbooks and videos, as well as 'take home' adventure passports so children can share their experiences with parents/carers. For further information, check out the [programme brochure](#).



#### WHY SHOULD SCHOOLS TAKE UP THIS FREE OPPORTUNITY?

- Confidence and competence to deliver high-quality active play that is engaging for girls
- Understand how to deliver creative, fun and engaging physical activity sessions for girls
- Access to resources and bibs to help children to achieve the recommended target of 60 active minutes per day
- Opportunity to engage parents and carers to use the activities within the home environment
- Ensure the inclusion of all young people

Don't miss out, click [here](#) to register onto the upcoming virtual training! For any queries, please contact Mark Betts ([m.betts@qegschool.org.uk](mailto:m.betts@qegschool.org.uk))

### Primary PE Subject Leaders (Virtual)

In a change to previously advertised, this term's Primary PE Subject Leaders event will now be delivered virtually via Zoom on 12<sup>th</sup> January, 09.00-10.30am. Please note this is the same date as before, however the time has been condensed.

To book, please click [here](#). Log-in details will be emailed to all those registered the day before.



#### Topics to be covered include;

- Continued review of PE curriculum - Intent / Implementation / Impact - are you Ofsted ready?
- H&S updates
- PE Premium
- SGO update
- Sharing ideas, resources and good practice



### Herts Coach Education Week – 12<sup>th</sup> to 20<sup>th</sup> February

A week of training and education for coaches in all sports and activities. These courses are provided to help coaches gain a better understanding across a range of important topics, including but not limited to: First Aid, S&C, Sports Psychology, Supporting SEND and Coaching Disabilities and Learning from Legendary Coaches.

#### Contact the team for more support

Jo Eames – Strategic Manager – [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

Mark Betts – School Games Organiser (Central) – [m.betts@qegschool.org.uk](mailto:m.betts@qegschool.org.uk)

Katie Bailey – School Games Organiser (South) - [kba@whitefield.barnet.sch.uk](mailto:kba@whitefield.barnet.sch.uk)

Vanessa Pender – School Games Organiser (East) - [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)

Caroline Connell – School Games Organiser (West) [cconnell@st-james.barnet.sch.uk](mailto:cconnell@st-james.barnet.sch.uk)



LinkedIn: [www.linkedin.com/in/BarnetSport](http://www.linkedin.com/in/BarnetSport)

Website: [www.barnetpartnershipforschoolsport.co.uk](http://www.barnetpartnershipforschoolsport.co.uk)

Twitter: <https://twitter.com/BarnetSport>

Instagram: [@barnetsport](https://www.instagram.com/barnetsport)