

BPSS Secondary Newsletter January 2022



WELCOME

.... to the start of a new calendar year, we hope you managed to have a relaxing and enjoyable break over the Christmas period, however you chose to spend it.

We have an exciting term of events to look forward to over the next coming months, first up on Tuesday 18th January is the mixed U15 4v4 Volleyball Competition at East Barnet School. This will be a great opportunity for those of you that run a volleyball club to bring your students to play matches against other schools.

Wednesday 19th January you will find the BPSS team taking to the ice (aka sports hall floor) at Burnt Oak Leisure Centre for the New Age Kurling event.

This SEND competition always provides great excitement, as teams work together to try and land their stones closest to the target by rolling them along the floor.

In February there will be badminton competitions for KS3 and KS4 students, Boccia and the Year 7 netball tournament.

If you have any questions regarding any of these events mentioned or those taking place in future months (column to the right), please do not hesitate to contact your SGO, details of which can be found at the bottom of this newsletter.

On behalf of everyone at BPSS we wish you and your school communities a Happy, Healthy and Active 2022.

As always, please let us know if there is anything we can help support you with.

All the best, The BPSS Team ☺

Up and Coming BPSS Events...

January;

18th – U15 Mixed Volleyball

19th – Year 3&4 New Age Kurling (SEND)

February;

2nd – Girls Badminton

9th – Boys Badminton

10th – Secondary Boccia (SEND)

23rd – Year 7 Netball Tournament

March;

7th to 11th – Barnet Dance Festival

15th – Netball League Play Offs

23rd – KS2 Sitting Volleyball

Please visit the [BPSS website](#) for more event details and to book!!!



This Girl Can Campaign

Last term we held our first This Girl Can meeting of the academic year. We are excited to speak to the ambassadors on Thursday 13th January at our next meeting to hear about their fantastic work.

Zoom details will be sent out to those schools who expressed interest in September. If you would like further information on how your school can get involved with the This Girl Can campaign, please contact Katie.

BPSS Partners

AfPE interpretation of the DfE (January 2022) Guidance



AfPE have updated their interpretation of the DfE January 2022 COVID guidance, please [click here](#) to read their updated version.

School Games Mark 2021/22



We are delighted to be able to share the criteria for the 2021/22 School Games Mark will be published soon. This year the award levels of Bronze, Silver, Gold and Platinum have been reinstated while trying not to add undue pressure on schools.

The number of questions and the type of responses schools submit (i.e. Y/N answers) have been simplified, which means that SGOs need to know in detail where schools are in their understanding, provision and uptake of the School Games and ideally complete the application with you.

If you are interested in applying for the School Games Mark or have any questions, please contact your SGO.

Sugar Smart – Support the Sugar Smart Barnet Campaign!

The consequences of high sugar consumption for children includes tooth decay, excess weight, and even type 2 diabetes.

By signing up to Sugar Smart, you will be supporting efforts to reduce sugar consumption amongst the children and young people of Barnet. When you [sign up on the Sugar Smart website](#), your school will be encouraged to select Sugar Smart actions and will gain access to a wealth of campaign resources to support your school's efforts.



The Children & Young People's Public Health team will be hosting a short webinar on **Friday, 21st January @10am** for schools & early year's settings. To register, please click [here](#).

The webinar will include:

- An overview of the campaign
- What sugar smart actions are and how to implement them
- Support available to settings who join the campaign

The Golden Kilometre

The local Barnet initiative called the 'Golden Kilometre' (previously called the Mayors Golden Kilometre), aims to support mental health resilience, and improve children's physical literacy and fitness levels.



Barnet Council would be grateful if you could complete a [10-second survey](#) that asks about your awareness of this initiative.

#LETGIRLSPLAY – Biggest Ever Football Session

It's time to take a stand, to make a difference for girls to play football – one simple message #LetGirlsPlay.

On Wednesday 9th March 2022, England Football and Barclays want to put on the biggest EVER football session for girls in school and they need your help!

Whether you're already delivering girls' football in your school or want to take that first step to give girls' equal access, #LetGirlsPlay biggest EVER football session is one not to be missed.



For more information and to register, click [here](#).

CPD



Herts Coach Education Week – 12th to 20th February

A week of training and education for coaches in all sports and activities. These courses are provided to help coaches gain a better understanding across a range of important topics, including but not limited to: First Aid, S&C, Sports Psychology, Supporting SEND and Coaching Disabilities and Learning from Legendary Coaches.

Develop your skills to coach different audiences and build confidence in providing fun, engaging and valuable experiences for people to stay active. Click [here](#) to check out all the courses available at Herts Coach Education Week.

Outdoor and Adventurous Course

Date: Friday 18th March, 9.30am to 12.30pm

Venue: Kingsmead School, Southbury Road, EN1 1YQ

Tutor: Ian Roberts, AfPE/Adviser Cambridgeshire

Course outline:

- This is a practical workshop to provide ideas for delivering Outdoor and Adventurous Activities on a school site.
- The focus will be on KS3 and will include trust and communication games, teamwork and collaboration activities and orienteering and bouldering.

Course Cost: £50.00

Email Paula to book your place: : paula.felgate@enfield.gov.uk

Female Young Cricket Umpire Course - Free

Middlesex County Cricket would like to offer your Secondary School Girls 13-18 years old a chance to learn umpiring and scoring in a three hour course which is free of charge.

If you are interested please contact Alex Hughes at Alex.Hughes@Middlesexccc.com to organise. The course can be run in one three hour session or two sessions of 1.5 hours

Contact the team for more support

Jo Eames – Strategic Manager – j.eames@qegschool.org.uk

Mark Betts – School Games Organiser (Central) – m.betts@qegschool.org.uk

Katie Bailey – School Games Organiser (South) - kba@whitefield.barnet.sch.uk

Vanessa Pender – School Games Organiser (East) - vpender@eastbarnetschool.com

Caroline Connell – School Games Organiser (West) cconnell@st-james.barnet.sch.uk



LinkedIn: www.linkedin.com/in/BarnetSport

Website: www.barnetpartnershipforschoolsport.co.uk

Twitter: <https://twitter.com/BarnetSport>

Instagram: [@barnetsport](https://www.instagram.com/barnetsport)