

BPSS Secondary Newsletter February 2022



WELCOME

..... we hope that you've had a good start to the 2022 year and the BPSS Secondary Newsletter continues to provide you with all the information and support you require to help inspire your pupils to be happy, healthy and active.

This month's newsletter has updates and opportunities from our BPSS partners which include grant and funding applications for both individuals and schools in which we'd encourage you to apply for.

It's been fantastic that we have been able to continue the various leagues and cup competitions in football, basketball and netball, deadlines for these competitions are fast approaching. We hope your students have enjoyed taking part in them this season and look forward to seeing some of you at the various up and coming league and cup finals.

In addition to the leagues and cups so far this term we have had a mixed volleyball competition, the secondary New Age Kurling competition,

KS3&4 Badminton tournament and the Middlesex Cross Country Championships which had student representatives from a range of Barnet secondary schools.

In February and March the following events are taking place. Secondary Boccia competition and Sitting Volleyball, these events are aimed at SEND pupils.

London Academy are organising a year 10 girls basketball tournament on the 1st March. There is also the Year 7 Netball tournament, year 10, 11 and senior Netball League Play Offs and the Barnet Dance Festival.

If you have any questions regarding any of these events please do not hesitate to contact your SGO, details of which can be found at the bottom of this newsletter.

The School Games Mark Criteria is now live and sees the return of the Bronze, Silver, Gold and Platinum award levels. More information regarding the SGM criteria can be found below. Please contact your SGO if you would like support with your application.

As always, please let us know if there is anything we can help support you with.

All the best, The BPSS Team ☺

Up and Coming BPSS Events...

February;

10th – Secondary Boccia (SEND)

23rd – Year 7 Netball Tournament

March;

1st March – Year 10 Girls Basketball

7th to 11th – Barnet Dance Festival

15th – Netball League Play Offs (Year 10, 11 and seniors)

23rd – Sitting Volleyball

Please visit the [BPSS website](#) for more event details and to book!!!



This Girl Can Campaign



In January we had the pleasure of virtually meeting the This Girl Can ambassadors from Copthall School, The Compton and Ashmole Academy. They have all faced many barriers during the Autumn term, however, this has not affected their enthusiasm to get girls active in their school and community. This term they will continue to run their This Girl Can clubs and develop a fun festival for their peers to engage in.

The Compton were able to start their Roller Skating club before Christmas and have thoroughly enjoyed welcoming new students to their session each week.



BPSS Partners

AfPE interpretation of the DfE (January 2022) Guidance



AfPE have updated their interpretation of the DfE January 2022 COVID guidance, please [click here](#) to read their updated version.

School Games Mark 2021/22



We are delighted to be able to share the criteria for the 2021/22 School Games Mark [here](#). This year the award levels of Bronze, Silver, Gold and Platinum have been reinstated while trying not to add undue pressure on schools.

The number of questions and the type of responses schools submit (i.e. Y/N answers) have been simplified, which means that SGOs need to know in detail where schools are in their understanding, provision and uptake of the School Games and ideally complete the application with you.

If you are interested in applying for the School Games Mark or have any questions, please contact your SGO.

GLL Sport Foundation Funding

GSF supports local athletes help reach their potential through relevant training programmes, funding and resources. The foundation provides athletes across 65 areas of the UK with financial help, physiotherapy, a 'Better' Gym membership and more.

The GLL Sport Foundation applications are OPEN and it could help unlock future professional athletes if you can help spread the word across the Barnet community through your respective sports clubs.

[APPLY NOW](#)

Athletes from across the UK can apply for support through the GLL Sport Foundation via the online portal at: www.gllsportfoundation.org Applications close 20th February 2022.

Funding Opportunity: The Get Out! Grant



[The Get Out Grant](#) is awarded every month to primary, secondary schools, charities or CICs or micro businesses to enable them to purchase equipment; specialist training; travel and resource with the focus on supporting pupils getting outside learning. Applications open on the 1st and close on the 20th of each month.

Healthy Schools London Awards – FREE support for Barnet Schools



The Healthy Schools London (HSL) Award programme supports schools to recognise their achievements in promoting the health and wellbeing of pupils and staff. There are three levels of award: Bronze, Silver and Gold. Alongside support for the award application process, the programme offers a range of free training, bi-monthly newsletters and consultancy advice.

If you would like more information about how your school can take part, contact Tania Barney, Coordinator for Barnet

HSL Programme, tania.barney@healtheducationpartnership.com

All upcoming training sessions are now bookable via the [website](#)

Middlesex CCC Summer Softball Competitions – Entries Live

Middlesex CCC are delighted to announce that in partnership with Chance To Shine they will be delivering an U13s & U15s Girls Softball competition. Entries are now open for this year's cup competition, which like last year, provides three options of dates for each age group. The competition format is a softball 8-a-side, 7 over.

If you are interested in signing up please [click here](#) and choose your preferred venue. With limited availability, book early to avoid disappointment.

If you have any questions please contact Alex Hughes on either 07775 330144 or Alex.hughes@middlesexccc.com

Become a Sugar Smart school!

This month is Fizz Free Feb! As part of the [Sugar Smart Barnet campaign](#). Sugar Smart Barnet campaign, we are encouraging all schools to take part in Fizz Free Feb, which is a time when individuals are challenged to give up fizzy drinks for 29 days. The benefits of giving up fizzy drinks for staff and pupils include saving money, reducing sugar consumption and protecting teeth. You can support Fizz Free Feb as a school by:

- Hosting a sugar awareness assembly/event/week
- Running a sugar awareness competition for e.g. poster competition, quiz etc.
- Write about the benefits of giving up fizzy drinks in your school newsletter
- Discussing healthy drink alternatives to fizzy drinks in PHSE
- Formally praising those who attempt to take on the challenge and give up fizzy drinks



If you have not already signed up to the Sugar Smart Barnet campaign, this is a great time to get involved and pledge to become a Sugar Smart school. You can sign up on the [Sugar Smart website](#). When you sign up, you will be presented with a list exciting Sugar Smart actions/activities that you can choose for your school to take part in and record activity for.

The Sugar & Trans Fat project webinar

Delivered by experienced nutritionist Yinka Thomas, the 'Sugar & Trans Fat project' is a local offer available to all secondary schools. The project seeks to empower students to make an informed choice about their sugar and trans-fat consumption. The project can be used towards achievement of a Healthy Schools London award and also, is an example of local support available for your school to become Sugar Smart, as part of the Sugar Smart Barnet campaign. We are delighted to inform you that a short webinar about the project will be taking place on Friday, 4th March @10-10.45am.

The webinar will include:

- Project background
- Support available
- Links with other projects & schemes
- How to sign up
- Examples of success stories

To register for the webinar please [click here](#)

To learn more about the Sugar Smart campaign and sign up, please [click here](#)

Boccia England Membership

Boccia England are offering a [schools membership](#) that entitles them to a range of benefits including shop discounts, member newsletter and more.

Want to BE in the know? Want to BE supported? Want to BE Involved? Why not BE a Boccia England member? Contact info@bocciaengland.org.uk for more information and details on how to join.

#LETGIRLSPLAY – Biggest Ever Football Session

It's time to take a stand, to make a difference for girls to play football – one simple message #LetGirlsPlay.



On Wednesday 9th March 2022, England Football and Barclays want to put on the biggest EVER football session for girls in school and they need your help!

Whether you're already delivering girls' football in your school or want to take that first step to give girls' equal access, #LetGirlsPlay biggest EVER football session is one not to be missed.

For more information and to register, click [here](#).

CPD



Herts Coach Education Week – 12th to 20th February

A week of training and education for coaches in all sports and activities. These courses are provided to help coaches gain a better understanding across a range of important topics, including but not limited to: First Aid, S&C, Sports Psychology, Supporting SEND and Coaching Disabilities and Learning from Legendary Coaches.

Develop your skills to coach different audiences and build confidence in providing fun, engaging and valuable experiences for people to stay active. Click [here](#) to check out all the courses available at Herts Coach Education Week.

Inclusion 2024 Live Week

Inclusion 2024 Live will take place from 7-11 February 2022. this will be a week of live virtual content delivered by expert practitioners and young people, focusing on best practice of the inclusion of young people with SEND in PE, school sport and physical activity.

The live sessions will include:

- an autism specialist school discussing the inclusion of girls with autism and wellbeing
- interactive immersive digital stories experience which teaches values through sports
- Marjorie McClure Specialist School will host a discussion on inclusive school swimming and water safety
- hearing from young people with SEND on how to make sport and PE relevant and meaningful.

There will be live sessions every afternoon via zoom, with release of free-to-access pre-recorded SEND inclusion content at the end of the week for those who sign up for at least one of the live sessions.

More information on the week can be found on the [booking link](#).

Female Football Refereeing Course

Middlesex FA is pleased to be delivering a Female Only Referee Course at Rectory Park in March, as part of its commitment to supporting female officials and as part of its Women's Euros 2022 Legacy Plan.

The FA Referee Course is designed to equip new referees with the key skills and knowledge they will need to be able to referee grassroots football matches safely and effectively. It is for people aged 14 and over who want to referee mini soccer, 9v9 and/or 11v11 football.

Any females currently based in Middlesex who would like to get into refereeing are eligible for to attend the course at a **heavily discounted rate of £30**, down from £135.

Please contact referees@middlesexfa.com for more information or book directly [here](#)

Course dates: Monday, 14th March (6:30pm-9:30pm) & Sunday, 20th March (9:00am-5:00pm)

Venue: Rectory Park, Ruislip Road, Northolt, UB5 6AU

Contact the team for more support



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