# BPSS INCLUSION NEWSLETTER MARCH 2022



## **W**ELCOME

It has been another busy term with great numbers attending all events. It has been great to see SEND pupils being included in all of the festivals, competitions and leagues provided for you this term.

Our last inclusive event before half term was the Boccia competition at Burnt Oak LC. Following on from the "Come Try It" event in November. It was great to see many returning faces. The games were very close with amazing team work all around. In an epic Primary final, which went to a fourth end decider, Deansbrook Jnrs narrowly beat Wessex Gardens, and Mapledown came triumphant in the Secondary Competition, against the other 5 teams.

Both Deansbrook Jnrs and Mapledown progressed to represent Barnet at the School Games and Open Games respectively and both won the group stages progressing them to the Finals in March. Good Luck to both teams.

Terrific Ten Pin Bowling was a huge hit this term, with 16 teams attending Hollywood Bowl Finchley to have a go at the Panathlon Challenge event. This the first time we have run this event and we will certainly be looking to repeat it again next year! The atmosphere and engagement of the pupils was incredible. Everyone went back to school with huge smiles, medals and certificates. Well done to all the schools involved, especially those who won individual and team trophies.

Our next event is Sitting Volleyball followed by Primary Panathlon. Please ensure you book on our website to avoid any disappointment <u>online</u>.

As always, please let us know if there is anything we can help support you with.

All the best, The BPSS Team 🗏





### **BPSS Partners**



### **LYG Virtual Spring Distance**

Don't just complete a distance, be proud of it! This is an inclusive event with challenges that ensures accessibility for all young Londoners aged 18 and under. Distances can be completed running, walking, using a wheelchair, a frame or with assistance. Participants can represent their schools in distances between 0.5km – 5km or compete in the 2km Individual challenge or both.

The challenge closes on Friday 31st March. For more information or to enter, please click **here**.

### **Topsportability CPD**

Top Sportsability (<u>Website link</u> - free code - YSTINCLUSION27) is a unique inclusive activity resource developed by the Youth Sport Trust in partnership with National Governing Bodies. Consisting of video clips and downloadable content showing ideas and strategies.

- Provides physical activity and sport options for young people with support needs
- Creates a vehicle for the inclusion of all young people together in PE
- Provides a basic introduction to a wide range of inclusive sports and activities in support of the School Games programme.

There is a FREE online virtual training on 8<sup>th</sup> December, 9.30am to 11am and being delivered by Niamh Morton –To show how this resource can be maximised. <u>To Book Click Here</u>

### **Inclusive Health Check - Open**

The inclusive health check is now open. If you are wishing to go for a Games Mark Award then this must be completed. It is a simple self-review tool (Yes/No answers) and should take no more than 10minutes to complete). By completing, it is evidence for inspectors, but also helps with ensuring and supporting inclusivity within your school. With the current engagement profiles in the national curriculum ( <u>Click Here</u> ) We would highly recommend completing.

# Up and Coming BPSS Events

March

23<sup>rd</sup> – Sitting Volleyball

**April** 

22<sup>nd</sup> – Primary Panathlon

June

16<sup>th-</sup> BBN1 Commonwealth Games

17<sup>th</sup> – BBN1 Commonwealth Games

### **Rebound Therapy Course**

Rebound Therapy is the use of trampolines in providing opportunities for movement, therapeutic exercise and recreation for people across the whole spectrum of special needs. Rebound Therapy is used to facilitate movement, to promote balance, an increase or decrease in muscle tone, relaxation, and sensory integration. It improves fitness and exercise tolerance, and communication skills. **Dates:** Monday 4<sup>th</sup> & Tuesday 5<sup>th</sup> July (both days must be completed to gain the

Location: Waverley School, The Ride, Enfield, EN3 7DL.

Cost: £261.00 inclusive of resources

\*Note – this is not a qualification to teach trampolining.

For further details or to register, please refer to the attachment.

### **Other CPD and Resources:**

qualification)

- All about Autism, All about me \_ E-Learning Course click: Click here
- LEARNING & DISCOVERY INCLUSIVE PERSONAL CHALLENGE DAYS RESOURCES Click here
- This is PE: YST Webpage: Click here
- LimbPower Brand new resource to increase engagement in PE & sport for young people with an amputation or limb impairment. *Click here*

The YST Active Recovery Hub: <u>Click herewww.gllsportfoundation.org</u> **Applications** close 20th February 2022.

Don't forget to follow us on our social media platforms

- @Barnet Sport
- @Barnet Sport
- Barnet Partnership for School Sport
- Barnet Partnership for School Sport
- Barnet Partnership for School Sport



### Contact the team for more support

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