BPSS Primary Newsletter May 2022



WELCOME

....the summer term got off to a flying start as 115 SEND pupils from 16 schools descended upon Copthall Leisure Centre for our Panathlon event. Pupils took part in eight challenges; parachute popcorn, Messi football skills, table cricket, boccia blast, new age kurling smash, bowling, shooting hoops and target golf. As pupils rotated around the stations they collated points for their school. They were superbly supported by the leaders from St James' Catholic High School, who ensured each school achieved as many points as they could. At the end of the event, every pupil went home with a tshirt, certificate and medal for all their efforts.

Next up, on 26th April we had the pleasure of meeting 153 KS1 pupils and their teddy bears at the Teddy Bear Picnic festival, which took place at the StoneX Stadium. The leaders from Hendon School ran a variety of fun and exciting activities from a disco to bowling, there was an opportunity for everyone to get involved, including teddies.

The following day, 27th April, saw the finale of the Netball season. Winners from each of the 6 league pools were invited along to Copthall School for a showpiece final. It was a brilliant afternoon with so many

talented players on show. A huge congratulations to Martin Primary who won the finals and to all of the schools who participated.

On 29th April, 18 teams took part in QuadKids athletics at the StoneX Stadium. Pupils competed across four events; 75m sprint, standing long jump, vortex throw and 600m distance race. There were some fantastic times achieved and impressive distances scored in the jumps and throw. We have some incredibly talented athletics in Barnet. Well done to all the teams who competed and special mention to our winners Wessex Gardens (morning) and St John's N11 (afternoon).

The School Games Mark (SGM) is now live on your <u>dashboard</u>. This year sees the return of the Bronze, Silver, Gold and Platinum awards. The purpose of the SGM is to reward and recognise school's engagement in the School Games against a national benchmark and to celebrate keeping young people active. For more information contact your SGO.

Lastly, a reminder that all our remaining events for this academic year are bookable **online**.

As always, please let us know if there is anything we can help support you with.

All the best, The BPSS Team ©

Up and Coming BPSS Events...

May;

18th – Year 5&6 Tennis (Orange)

27th – Mixed Kwik Cricket

27th – Girls Kwik Cricket

June

7th – KS2 Tri Golf

8th – PE Subject Leaders

9th – FA Primary PE CPD (2/2)

16th – Primary BBN1 (SEND)

17th – Primary BBN1 (SEND)

21st – KS1 Summer Festival

23rd – Year 3&4 Dodgeball Festival

30th – Year 5&6 Tag Rugby League Festival

July;

8th – Livingston 'B' & 'C' Football Festival

Please visit the <u>BPSS website</u> for more event details and to book!!!



VIRTUAL SKIPPING CHALLENGES

Congratulations to our KS2 Virtual Skipping Competition winners, Monkfrith! They retain the title they won last year. Well done also to our joint runners-up, St Agnes and Summerside (57 pts) and Wren in third place (55 pts). Thank you to all 23 schools who participated across the four challenges.

This term sees the turn of KS1. A reminder that the deadline to submit your Year 2 result is Friday 27th May. Click here to view the challenge and submit your result. You must be logged in to perform the latter. Full KS1 schedule below;

Year Group:	Start Date:	End Date:
Year 2	19 th April	27 th May
Year 1	6 th June	15 th July

BPSS Partners

Middlesex Cricket – Free Schools Programme



Middlesex Cricket, in partnership with Chance to Shine and the ECB, are offering schools MIDDLESEX the opportunity to introduce cricket to their pupils, through physical coaching and learning in the classroom. They would like to offer the following for FREE over one day;

- 1 hour for meeting with teacher & Assembly Completed over email or telephone
- 5 Hours of Coaching coaching will take place in one day where the coach will see multiple groups from years 1-6

For more information or to book, please contact Alex Hughes (Alex.hughes@middlesexccc.com).

Sugar Smart Barnet – Competition Time!

Sign your school up to the Sugar Smart campaign to help protect children and young people from the harmful effects of high sugar consumption which includes tooth decay, excess weight, and even type 2 diabetes. If you have not already



signed up to the Sugar Smart Barnet campaign you can sign up on the Sugar Smart website. When you sign up, you will be presented with a list of exciting Sugar Smart actions/activities that you can choose for your setting to take part in and record activity for. There is a wealth of national and local support and resources to support your early year's setting efforts. Please visit the Sugar Smart Barnet website for more information.

National Smile Month between 16th May & 16th June 2022, is a time used to promote key oral health messages, which includes cutting down how much and how often sugary food and drinks are consumed. The early year's setting and school that completes the most Sugar Smart actions during National Smile Month, will be announced a WINNER & will win a bundle of prizes!! For more information on the competition and how to enter, please click here. Please note, you will need to <u>sign up to Sugar Smart</u> to take part in the competition.

#together – Youth Sport Trust Family Newsletter



Youth Sport Trust are delighted to bring you the second issue of their family e-magazine, bursting with great ideas, top tips and suggestions for you to encourage your family to get active this spring.

The last two years have been challenging for us all and YST want to share just some of the fun ideas, advice and tips they have gathered over the past 25 years working with children and young people (CYP), encouraging them to lead happy, healthy, active lives.

In this issue, there are free resources to download and top tips for how you can encourage your family to get active. Plus, take a look at the many ways their work as a children's charity is supported. From climbing mountains to pop-up tea rooms, there are countless ways you can get involved to really make a difference to the work YST do.

<u>Sign-up</u> to receive your free monthly #together newsletters.

Premier League Primary Stars – Inspiring Children to Learn and Be Active

Premier League Primary Stars uses the appeal of the Premier League and professional football clubs to inspire children to learn, be active and develop important life skills.



Inspiring girls and boys aged 5-11 in the classroom, in the playground and on the sports field. Teaching materials cover subjects from English and Math's, to teamwork and PE, with <u>free to download</u> activity ideas, worksheets, lesson plans and fun assemblies. The package can be tailored to fit in with your timetable. Further details attached.

The Hive Foundation, the charitable arm of Barnet FC and the London Bees, deliver the programme and have availability after February half term. If interested, please contact Sheena Hirani (shirani@thehivefoundation.com) directly.

UEFA Women's Euro England 2022 – More School Resources Available

It's time to kick-start your UEFA Women's EURO 2022 journey with your class. There's a whole host of free and exciting tournament resources to suit your curriculum now available as part of the Schools Programme!

Adding to a strong line-up of existing resources, we've just released new fun and educational material to engage your class ahead of this summer's #WEURO2022 tournament, taking place in England.



- **PSHE Lesson Plans** use the inspiration of the tournament to explore strategies to deal with challenging emotions and growth mindsets
- **Heritage Resource** explore the relationship between the history of women's football and wider social change
- Football Festival Pack everything you need to set up and run your own tournament within your school!

What are you waiting for? Click here to sign up and download our new resources!

'A Year of Primary PE' - 110 games to support whole-child development (by Mark Carter)



The book is a collection of age-appropriate games, all linked to the KS1 and KS2 national curriculum, arranged into monthly themes to help a teacher or coach develop a range of holistic skills in children. The book starts with a focus on 'Working Together' (September) and 'Thinking of Others' (October) - the idea being that children learn to collaborate and co-operate, before being challenged with more technical and physical topics in the spring term. The final few months of the year focus on more complex, deeper topics like 'Exploring PE' (May) and 'Being Part of a Team' (June). Each theme and game contains diagrams, top tips, AfL questions and national curriculum links, and is brought to life with 88 colour pictures of PE in action in Islington school settings.

The book will be published in June 2022, pre-order now and use code CARTER35 for a 35% discount.

Barnet Healthy Schools – Celebration Event



Barnet Healthy Schools are delighted to once again host a free celebration event for schools and early years staff (in person!). This year the event will focus on support available through the programmes and recognising good practice. The afternoon will begin with a networking lunch, followed by presentations, examples of good practice from local settings/schools and conclude with a celebration of those achieving awards.

- Date: Wednesday 6th July 2022
- Time: 12.30 3.00 pm (Registration from 12.15 pm)
- Venue: Hendon Town Hall, The Burroughs, Hendon, London NW4 4BG
- Click here to book. Places at the event are limited, so early booking is advised.

For further information please contact Tania (tania.barney@healtheducationpartnership.com, Coordinator for Barnet Healthy Schools and Healthy Early Years Programmes

Young Barnet Foundation – Schools Partner Offer



Young Barnet Foundation is a member organisation that works strategically to bring charities and organisations that deliver after school/in school enriching and supportive activities together to support vulnerable children across the borough.

They are creating a Schools Partner offer, where schools can join Young Barnet Foundation and be part of a thriving network bringing about positive social change for the children and young people of Barnet. **Membership is free.**

They aim to gain a better understanding of, and build relationships with, schools within Barnet to broker relationships between schools and their member organisations. Young Barnet Foundation will then support your school and the partner organisation to jointly apply for project funding that will benefit the most vulnerable pupils within your school community and improve their wellbeing.

Would you like your school to be part of this exciting project? Contact schools@youngbarnetfoundation.org.uk to register your interest, and find out more about Young Barnet Foundation here.

National School Sport Week – Registration Open



The UK is facing a 'new pandemic' of loneliness, rising mental health needs and childhood inactivity. In a bid to get more young people to have fun doing sport and find their place within it, we are asking teachers, parents, and organisations across the UK to sign up for National School Sport Week, 20-26 June.

Youth Sport Trust have launched a new <u>video</u> by 21-year-old Elodie Fleet who sits on our Youth Board, Claire Coates, a Headteacher Ambassador from Griffydam Primary School, and Olympic and Commonwealth Games swimmer Adam Whitehead. The video brings to life the theme of the campaign 'Belonging – a place in sport for every child'.

On the week itself, YST will run a series of 60-second interactive challenges in exchange for charitable donations to help schools foster a sense of belonging and encourage children to have fun. Everyone who signs up for National School Sport Week will receive free resources, including ideas on how to raise awareness of the importance of school sport and being a changemaker within it.

For more information and to register to take part in this summer's National School Sport Week please click here.

Walk to School Week – Monday 16th to Friday 20th May

The five-day walking challenge is an annual celebration of the walk to school and the perfect activity to celebrate National Walking Month this May - <u>order your classroom packs now!</u>



The fun and engaging week-long activity for primary schools has been built to make pupils experience first-hand the importance of walking to school. Through this challenge, children will be well on their way to reaching their recommended 60 minutes minimum of physical activity per day before even reaching the school gates! Last year, a record number of over 350,000 pupils across the UK took part! Join this growing movement of children walking to school and help make 2022 the biggest year yet! Click here to find out more.

Healthy Eating Week (13th -17th June) - Registration Now Open

The big message for the Week this year is, **Eat well for you and the planet!** Each day of the Week will have a different theme:

- Monday: Focus on fibre for meals and snacks
- Tuesday: Get at least 5 A DAY put plenty on your plate
- Wednesday: Vary your protein be more creative
- Thursday: Stay hydrated fill up from the tap
- Friday: Reduce food waste know your portions



<u>British Nutrition Foundation</u> are busy working on activity packs, posters, health trackers, certificates and online events to help everyone have an enjoyable, healthy week!

CPD

FA Primary PE CPD – Module 2

There is still space available to book onto <u>Module 2</u> which focuses on 'High-Quality Teaching & Learning in PE' and 'Mapping a PE Curriculum'. Module 1, which took place on 12th June, focused on 'Holistic Development' and 'Learning Through Games'.

The learning programme has been designed to support the professional development of teachers and trainee teachers who deliver Physical Education across Key Stages 1&2. It is delivered by the FA's expert PE Officers and develops confidence and competence to plan and teach high-quality Physical Education lessons.

Date: Thursday 9th June **Time:** 1.30-4.30pm

Venue: Underhill School, EN5 2LZ

Please email m.betts@qegschool.org.uk to book



Primary PE Subject Leaders

We are excited at the prospect of meeting face-to-face as a network once again for this term's Primary PE Subject Leaders event on 8th June, 08.45am-12.30pm, at Hundred Club (StoneX Stadium).

Topics to be covered include;

- Continued review of PE curriculum Intent / Implementation / Impact are you Ofsted ready?
- H&S updates
- PE Premium
- SGO update
- Sharing ideas, resources and good practice

BARNET POTENTIAL ASSESSED ASSE

To book, please click here. Full details will be sent to all those who have registered.

Rebound Therapy Course

Rebound Therapy is the use of trampolines in providing opportunities for movement, therapeutic exercise and recreation for people across the whole spectrum of special needs. Rebound Therapy is used to facilitate movement, to promote balance, an increase or decrease in muscle tone, relaxation, and sensory integration. It improves fitness and exercise tolerance, and communication skills.

Dates: Monday 4th & Tuesday 5th July (both days must be completed to gain the qualification)

Location: Waverley School, The Ride, Enfield, EN3 7DL.

Cost: £261.00 inclusive of resources

*Note – this is not a qualification to teach trampolining.

For further details or to register, please refer to the attachment.



Contact the team for more support



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Katie Bailey - School Games Organiser (South) - kba@whitefield.barnet.sch.uk

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