

BPSS Secondary Newsletter December 2022



WELCOME

.... we hope our last BPSS Secondary Newsletter of this calendar year continues to provide you with all the information and support you require to help inspire your students to be happy, healthy and active.

There's been a range of events that have taken place so far this term; Panathlon Xtend, BBN1, Girls Basketball tournaments, Netball Festival, Dodgeball Festival and the Barnet Cross Country Championships. Full write ups on these feature in the newsletter.

We've enjoyed receiving your results for the league and cup competitions in football, basketball and netball. We hope your students have been enjoying taking part in these, good luck to your teams for the rest of the season.

In the New Year BPSS continues to provide an array of opportunities for all your students to engage in physical activity, such as Badminton, Trampolining, Boccia, Netball and the Barnet Dance Festival.

Please visit the BPSS website to book and to see the full list of events.

We would like to take this opportunity to thank you all for your continued support and engagement. It has been great getting to see you and your students this term.

On behalf of everyone at BPSS we wish you and your school communities a wonderful Christmas and look forward to seeing you in 2023.

All the best,

The BPSS Team 😊

Up and Coming BPSS Events

January

17th – KS4 Girls Badminton

18th – KS3 Girls Badminton

February

2nd – Trampolining

8th – Boccia

21st – New Age Curling

23rd – Year 7 Netball Tournament

March

6th – 10th – Barnet Dance Festival

14th – Yr 10/11 and Seniors Netball Playoffs

16th – Yr10&11 Girls Football Finals

21st – Yr7 Girls Football Finals

22nd – Yr8&9 Girls Football Finals

27th – Yr7/8 and 9 Netball Playoffs

****Event bookings for January-April are now open****

If you would like further information or to book any of the Autumn term events, please visit the [BPSS website](https://www.barnetpartnershipforschoolsport.co.uk). Please make sure you are able to attend before booking on. If you require a log in, please contact your SGO.



BPSS Updates

Panathlon Xtend

Our first Panathlon Xtend event took place this month with pupils from TTA, Mount House and The Compton, competing for the Panathlon trophies and medals. Pupils collected points for their teams, challenging themselves to dribble, roll, push, throw, jump and move to achieve success. A wonderful atmosphere was created by the leaders from The Ark Academy, and everyone had a great time. Thank you to Mark from Panathlon for giving our Barnet students this opportunity. If you are interested in getting support from Panathlon then please contact Mark (mark@panathlon.com).

Netball Festival

It has been brilliant to see so many new faces at our secondary Netball festival. Students played multiple friendly games against different schools with the importance of having fun being at the centre of the festival. Students, teachers and young leaders created a wonderful atmosphere at the festivals and it was fantastic to see their skills develop across the course of the afternoon. Well done to all of the young people who took part.

Barnet Bar No One

Barnet Bar No One was back with a bang. Two full sessions and over 150 young pupils with SEND attended. Taking part in golf, cricket, boccia, new age kurling, rowing, parachute games, speed stacking, and athletics to name a few. The atmosphere was full of energy with many pupils trying sports for the very first time, supported by coaches from local clubs and leaders from St James' Catholic High School and The Ark Academy. Well done everyone who took part.

Dodgeball Festival

Year 7&8 Students from The Compton School and East Barnet School attended the dodgeball festival at Copthall Leisure Centre. It was a chance for the students to develop their throwing, catching and movement skills whilst having lots of fun and playing lots of games throughout the afternoon. If any schools are interested in playing dodgeball please contact Vanessa – vpender@eastbarnetschool.com

Cross Country Championships

There was a fantastic to see the 16 schools who attendance the cross country championships on Thursday 8th December at Copthall Playing Fields. Despite the cold conditions it didn't stop the athletes completing the course. There were some impressive performances in all of the races. Well done to all the athletes who took part and congratulations to those athletes who have been selected to represent Barnet at the Middlesex Cross Country Championships.

Girls Basketball

London Academy hosted a thrilling U14 girls basketball competition, 6 schools competed for the chance to win and represent Barnet at the London youth games. Congratulations to The Totteridge Academy who came out on top. A huge well done to everyone who took part and thank you to London Academy for the hosting the event.

The Under 16s Girls competition took place at Copthall School with 6 very competitive teams. It was an extremely competitive competition. With the winners being decided in the last two seconds of the final. The Totteridge Academy won and will go on to represent Barnet at the London Youth Games. Well done to everyone who took part and thank you to Copthall for hosting the event.

Leadership

This term we have had the pleasure of working with inspiring young leaders across the borough. The events would not be able to run without the hard work from the leaders and the support from their teachers. A big thank you to St James, Hendon, Ark Pioneer Academy and Copthall. If you're interested in getting your sports leaders involved in supporting at BPSS events please get in touch with your SGO.



BPSS PARTNERS

FA's Biggest Football Session 2023

SIGN UP TO THE BIGGEST EVER FOOTBALL SESSION

On **Wednesday 8 March 2023**, the Biggest EVER Football Session is back, and this is your official invite to be a part of it! Whether you are already delivering girls' football in your school or want to take that first step to give girls' equal access, this is one not to be missed.

What does the day look like?

At lunchtime, in a lesson or after school – you decide! Our aim? To get as many girls as possible in school all playing football on the same day!

Whether you want to use Alessia Russo's back-heel and Ella Toone's lob as inspiration or fancy giving our free resources a try – it's up to you. All we ask is that you register your schools, capture your session and shout about it across social media using #LetGirlsPlay.

How do I get my school involved? Sign up [HERE](#)

Middlesex Cricket

Entries are now open for next year's competitions, with limited availability book early to avoid disappointment. All schools are eligible to enter but please note that you can only enter **either** SCAM competition or the Inner London Cup.

The deadline for Entries is Friday 16th December 2022. This then allows all draws to be sent out to you by February Half term.

They have also introduced an U15 Girls hardball Competition which will have the same format as the current U15 T20 competition. To enter please contact Alex for an entry form Alex.hughes@middlesexccc.co



LYG33

The LYG33 applications are now open for one young person to be a representative and voice for young people in Barnet.

This is a great opportunity for passionate 14–21-year-olds to develop themselves and influence the future of London Youth Games. The group will attend multiple fun, engaging and developmental sessions including exclusive experiences, inspirational speakers, and interactive workshops.

For more information, including how to apply please see our website [here](#) & please circulate accordingly.

Calling all Schools to Support the Sugar Smart Barnet campaign!

From a young age, children are getting used to the sweet taste of snack foods which influences their health in the future. We are all bombarded with sugary snack foods wherever we go, often with misleading claims on the packaging. Here in Barnet, we are supporting the Sugar Smart campaign to help combat this.

Sugar Smart Barnet is a local campaign that encourages organisations such as businesses, schools, and early years settings to join the movement to reduce sugar and its effects on ill health.

By signing up you will be joining the fight to reduce sugar consumption amongst the children and young people of Barnet. The consequences of high sugar consumption for children include tooth decay, excess weight, and even type 2 diabetes. Join the campaign and pledge to be a Sugar Smart setting today. Upon signing up, your school's setting will be given a list of easy-to-implement Sugar Smart actions to get involved in and access to a wealth of Sugar Smart resources provided by the campaign founders Sustain. To sign up please visit [here](#). If you have any questions get in touch at michelle.leon@barnet.gov.uk

Become a Young Barnet Foundation School Partner

Add your school's voice and experience to our network of hundreds of other Barnet organisations and connect with local voluntary sector organisations to enhance the support, opportunities and enriching activities available to your most vulnerable pupils.

Many of Barnet's schools have already joined with around half of those schools welcoming projects, interventions and support that has been delivered within their school or to their pupils. To date, over 500 of Barnet's most disadvantaged pupils have benefitted from these projects, at little or no cost to their school or parents.

This term, delivery has extended to a further 5 schools in Barnet with delivery taking place right up until Christmas, and future projects being planned for Spring Term. Projects range from pad boxing and behaviour support to food parcels and education, in class education on brain health and out of school performing arts activities.

Becoming a School Partner is quick and absolutely free, please [sign your school up here](#) to be able to access a range of funded activities to benefit your pupils.

CPD

LYG Inclusive Coaches Project



We are looking for people who want to make a difference to young Londoners lives through sport. The project is open to coaches or PE teachers with relevant qualifications who want to develop their ability to coach inclusively, or aspiring coaches with the experience of working with young disabled people who want to obtain their qualifications. It is important that you are actively coaching or have access to provision currently catering for young disabled people.

If you are interested in applying for this project, please fill in the form [HERE](#). If you need further information please get in touch with dhruvi@londonyouthgames.org.

Please apply by Friday 13th January 2023.

Trampolining Courses



Please see upcoming trampolining courses [HERE](#)

LTA - FREE Teacher Training

The LTA Youth Schools Programme brings together inclusive PE lesson plans, personal development resources, teacher training and much more. It's all been designed by teachers, for teachers, and it's all **free**.

Take part by clicking [HERE](#) and complete the online training to receive a £250 reward voucher for your school.

Well Schools

There is a growing community of like-minded professionals and stakeholders committed to creating the happiest and healthiest learners in the world. By joining the Well School community you will get FREE access to:



School-led practice and examples, Guidance and support from experts and leaders, Conversations with like-minded experts and practitioners, Training, resources and support from partners

[Click Here](#) to join and find out further information

FA Games Training

The FA will be running an exciting CPD games training in the new year for school staff.

This will be a 2 x 3 hour course on the dates and times below:

Part 1 – Tuesday 28th February 9.30-12.30

Part 2 – Tuesday 21st March 9.30-12.30

A venue is yet to be confirmed, but I will be touch with further details and how to book on. If you are interested in attending the CPD training, please let your SGO know.

Contact the team for more support

Jo Eames – Strategic Manager – j.eames@qegschool.org.uk

Nicholas Fisher – School Games Organiser (Central) – n.fisher@qegschool.org.uk

Katie Knight – School Games Organiser (South) - kba@whitefield.barnet.sch.uk

Vanessa Pender – School Games Organiser (East) - vpender@eastbarnetschool.com

Caroline Connell – School Games Organiser (West) cconnell@st-james.barnet.sch.uk

LinkedIn: www.linkedin.com/in/BarnetSport

Website: www.barnetpartnershipforschoolsport.co.uk

Twitter: <https://twitter.com/BarnetSport>

Instagram: [@barnetsport](https://www.instagram.com/barnetsport)

