

# BPSS Secondary Newsletter September 2023



## WELCOME

...to the first BPSS newsletter of the 2023/24 academic year. We hope you and your school community had a wonderful summer break.

It was a busy summer of sport with a number of high-profile sporting events taking place. We hope your students have come back to school inspired and keen to get involved in the sport and physical activity opportunities you are offering.

Over the summer the BPSS team planned the events calendar for the year ahead. Based on your feedback we have tweaked some events and also added new ones in.

The autumn events are now bookable via the BPSS website [HERE](#). If you do wish to attend meetings or events please ensure you book on via the website. Please do read the event descriptions to ensure you bring the appropriate students to the events.

On Thursday 7<sup>th</sup> September we held the girls fixtures meeting at Wren Academy. It was fantastic to see so many of you attend, as well as meet the new members of PE staff at your schools.

Good luck to all schools taking part in the various leagues and cup competitions this year.

If there have been any changes to your school's PE department or Headteacher, please let us know so we can update our contacts.

BPSS has had some team changes; we welcome Jason to the team. Jason will be the contact for central schools.

As you may be aware our colleague, Katie is now on maternity leave. Katie gave birth to a little girl called Margot who arrived on her due date, 16<sup>th</sup> July. Mark will be covering Katie whilst she's on maternity leave. Both Marks and Jasons contact details can be found at the end of this newsletter.

As always, please do not hesitate to get in contact if there is anything we can support with. Looking forward to seeing you and your students soon.

All the best, The BPSS Team ☺

## KEY DATES FOR YOUR DIARY

### September

28<sup>th</sup> – Heads of PE Meeting @ QEG's

### October

11<sup>th</sup> – SEND Training @ Ark Pioneer Academy

13<sup>th</sup> – Tenpin Bowling @ Hollywood Bowl

17<sup>th</sup> – Cross Country @ Cophthall Playing Fields

### November

1<sup>st</sup> – Boccia @ Burnt Oak LC

14<sup>th</sup> – Panathlon Xtd @ Cophthall LC

15<sup>th</sup> – Boys Sportshall Athletics @ Ashmole

22<sup>nd</sup> – Girls Sportshall Athletics @ Ashmole

29<sup>th</sup> – Barnet Bar No One @ Hendon LC

29<sup>th</sup> – U14 Girls Basketball @ Ashmole

# BPSS MEMBERSHIP 2023/24

Through BPSS membership, we aim to enable young people in Barnet schools more opportunities to become confident, physically competent, emotionally resilient, and empathetic citizens who can independently and successfully make sustainable healthy lifestyle choices and pursue personalised sporting and physically active pathways.

We work in partnership to:

1. Increase participation in high quality sport and physical activity FOR ALL
2. Work and communicate effectively with schools to meet need and fulfil expectations related to participation in sport and physical activity, widening access to sport and physical activity among low participation groups
3. Support the development of progression pathways to ensure individuals reach their full potential
4. Provide support and advice to maximise opportunities for Barnet Schools through the Government's agenda for school sport and competition (School Games)

We offer our member schools a wide variety of services. We also allow non-member schools the opportunity to access National School Games opportunities that sit within the BPSS offer. Schools can access School Games events by contacting the BPSS team directly.

The agreement is for 1 academic year and the fees remain the same as last year. Subscription will be invoiced by BPSS, hosted by QE Girls' School in the Autumn Term. BPSS has a data protection policy compliant with GDPR under its host Queen Elizabeth's Girls' School. Please find all our [services on our website](#).

**Deadline for sign up is Friday 22<sup>nd</sup> September 2023**

**KS3/4 - To sign up for 2023/24 Academic year please complete the survey here:**

<https://www.koboca.co.uk/ks3-4-bpss-buy-in-survey2/?q=7c1e635d>

**Infant, Special Schools & Colleges - to sign up for the 2023/24 Academic year please complete the survey here:**

<https://www.koboca.co.uk/bpss-infant-schools-special-schools-colleges-buy-in-survey/?q=543dfoec>

## BPSS UPDATES

### Heads of PE Meeting

The heads of PE meeting is taking place at 2:15pm on the 28<sup>th</sup> September at QEG's. The agenda for the meeting will be:

1. Welcome and Introductions
2. Discuss hot topics for schools such as curriculum, teaching and learning strategies, maximising engagement, inclusion and any examination questions and concerns
2. Newly updated Sport and PA strategy
3. Share good practice and current thinking as well as consider needs
4. BPSS Updates

If you wish to attend please book on via the BPSS website

## Barnet Dance Festival – Applications now open

We are excited to announce that the Barnet Dance Festival will once again be running in 2024. The dates of performances will be Monday 4th - Friday 8th March 2024.

For the first time we will also be running an extra matinee performance date on Monday 11th March 2024 if the festival is over subscribed.

To book your school's place in the festival please complete the application form here - [The Barnet Schools' Dance Festival](#) by 20th October 2023.

## BPSS Leadership

We had the pleasure of working with many fantastic leaders last academic year, whom without their support, it would not have been possible to deliver such a comprehensive events program across the borough.

We have a number of opportunities for your sports leaders to support at our partnership events this year. If you are interested for your leaders to get involved please get in contact with us for further details.

## Girls Basketball League

BPSS are gathering interest to run a girls basketball league. If you would like to enter a team into the league please contact Jo: [j.ames@qegschool.org.uk](mailto:j.ames@qegschool.org.uk) by 27<sup>th</sup> September.

## Girls Rugby Fixtures

Saracens High would like to organise some girls rugby fixtures, if you're interested in playing girls rugby fixtures please contact Sonia at Saracens High: [s.green@saracenshigh.org](mailto:s.green@saracenshigh.org)

# PARTNER NEWS & EVENTS

## Badminton England National Schools Competition Returns for 2023-24, registration now open!

Badminton England is excited to announce the return of the National Schools Championships and [registration is now open](#) for schools to enter. The deadline to enter is 22<sup>nd</sup> September.

The competition will run for the following age groups;



- Girls Key Stage 3 (years 7, 8 and 9)
- Boys Key Stage 3 (years 7, 8 and 9)
- Girls Key Stage 4 (years 10 and 11)
- Boys Key Stage 4 (years 10 and 11)

Schools will be required to pay £15 per team to enter the competition. Schools will be given the option to host both local and regional rounds.

If you have any questions, please contact [nationalschoolschampionships@badmintonengland.co.uk](mailto:nationalschoolschampionships@badmintonengland.co.uk)

## Barnet Health Improvement Team - Barnet's 'All about Periods' campaign goes creative!

Thank you again to all children and young people for joining us to talk about how we can eradicate period poverty and period stigma in Barnet back in the summer term at our conference. Our feedback from the children was to get everyone active and involved with this Barnet campaign. To support this, we would like all our Barnet schools to get involved with a **poster competition!**

### Competition details:

- Produce an A3 poster-size picture with the title 'All about Periods'.
- Use colours that match or complement the campaign colours (see the logo attached for campaign colours).
- Use arts & crafts to draw, stick, paint, and collage your school poster. Digital posters will also be accepted.
- Take a photo (or send in your digital image) and send it to [michelle.leon@barnet.gov.uk](mailto:michelle.leon@barnet.gov.uk) with the subject title '**All About Periods' competition**. We will accept one poster per school/setting.
- The deadline for sending in your poster/picture is **9<sup>th</sup> October 2023**.



Winners will be chosen by **Friday 13<sup>th</sup> October**. Prizes and certificates for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> will be handed out by Cllr Allison Moore, who is also the Head of the Health & Wellbeing Board, at your school/local library.

## Wackitball

A new urban sport called Wackitball, it is a cross between tennis, squash and table tennis. It is portable, lightweight and can be played almost anywhere. T.V show Blue Peter have accepted Wackitball as a new sport in which kids can attain their Blue Peter Sports Badge.

They are also looking for ambassadors/instructors to take Wackitball into schools and communities as an affordable solution to get kids moving.

If you feel this could be something new for you to introduce into your area school, or help kids get a Blue Peter badge, please get in touch. Check it out here <https://ippresents.co.uk/wackitball/>

## England Handball Competition and Resources



England Handball have announced that registration for the 2023/24 National Schools competition is open. The competition is open to boys' and girls' teams from the U13 and U15 age groups. Find out how to register [HERE](#)

They have also renewed the resources on the [Teach Handball hub](#), which provides free access to all you need to know about the sport. [Find out more](#) about the hub.



## London Youth Game Latest Impact Report

Discover the impact of the Games on young people in London, and its impact on their loneliness and confidence: <https://londonyouthgames.org/impact-report-2023/>

# CPD OPPORTUNITIES

## Inclusive Education Hub

Here you will find lots of support for you as teachers or school staff to review and improve your inclusive physical education and school sport delivery. It is all made possible through the Department of Education-funded, Inclusion 2024 project.

Once [registered](#), you will be able to complete the Inclusive PE self-assessment. Then you will be directed to relevant resources based on your answers and receive tips to continually improve the way you work.

Please click on the link below: <https://education.activityalliance.org.uk/>

## TOP Sportsability

TOP Sportsability is an online resource for schools and offers practical advice to teachers, learning support staff, and other sports practitioners. It consists of video clips and downloadable content showing ideas and strategies to support the inclusion of young disabled people in physical activity and is divided into five areas.

Top Sportsability now sits on the Youth Sport Trust website [here](#). A code is required to access the content including 24 Sports and activity areas including 3 Paralympic Sports (Boccia, Goalball and Sitting Volleyball).

The code is: YSTINCLUSION27

## British Gymnastics Physical Education Teachers Trampoline Award Part 1 and Part 2

**Grieg City Academy** and afPE London Region are working together to provide and host this course on Thursday 5th, Friday 6th October and Thursday 2nd, Friday 3rd November 2023, 9.00 a.m. – 4.00 p.m. each day.



**The Compton School Barnet** and afPE London Region are hosting this course on:

Part 1 Tuesday 27<sup>th</sup> and Wednesday 28<sup>th</sup> February 2024

Part 2 Tuesday 12<sup>th</sup> and Wednesday 13<sup>th</sup> February 2024

From 9.30 – 4.30 each day

For further details for both the above course, including who this course is aimed towards and the costs, contact John I'Anson, afPE London Region Secretary (Em: [j.ianson45@btinternet.com](mailto:j.ianson45@btinternet.com) / Mob: 07880 796174)

## All about Autism, All about ME

All About Autism, All About Me online CPD is FREE!

We know there are many key barriers to inclusion in PE and sport for young people with autism that collectively our teachers and sports professionals should consider. These are addressed in an exciting E-Learning 'All about Autism, All about Me' resource. Developed by the Youth Sport Trust, and endorsed by the National Autistic Society, this is a digital and practical toolkit, building upon knowledge of autism spectrum conditions (ASC) and some of the key considerations for making PE and sport inclusive to all. It is free for schools across England to access throughout 2023-24

You can click below to access E-learning: <https://ystautismcourse.org/login.php>

## Free LTA Training

LTA Youth Schools is free for all schools and has been designed by teachers for teachers. The flexible and inclusive resources support teachers and schools to teach tennis as part of the curriculum and to assist with wider school outcomes. Each school that completes the training is provided with a **£250 voucher** to spend on equipment or to link with a local LTA Accredited Coach. This coach will support tennis within the school and encourage young people to play outside of school as well.

If you have any questions regarding the LTA opportunity, please contact Shane ([shane.mccullough@lta.org.uk](mailto:shane.mccullough@lta.org.uk)).



## CONTACT THE TEAM FOR MORE SUPPORT

Jo Eames – Strategic Manager & Central lead - [j.eames@qegschool.org.uk](mailto:j.eames@qegschool.org.uk)

Vanessa Pender – School Games Organiser (East) - [vpender@eastbarnetschool.com](mailto:vpender@eastbarnetschool.com)

Caroline Connell – School Games Organiser (West) - [cconnell@st-james.barnet.sch.uk](mailto:cconnell@st-james.barnet.sch.uk)

Mark Betts – School Games Organiser (South) - [mbe@whitefield.barnet.sch.uk](mailto:mbe@whitefield.barnet.sch.uk)

Jason Vassiliades – School Games Organiser (Central) - [j.vassiliades@qegschool.org.uk](mailto:j.vassiliades@qegschool.org.uk)

*LinkedIn:* [www.linkedin.com/in/BarnetSport](http://www.linkedin.com/in/BarnetSport)

*Website:* [www.barnetpartnershipforschoolsport.co.uk](http://www.barnetpartnershipforschoolsport.co.uk)

*Twitter:* <https://twitter.com/BarnetSport>

*Instagram:* @barnetsport