

BPSS Secondary Newsletter March 2024



WELCOME

..... we hope you enjoyed a restful February half term break and you're ready for the action-packed month ahead.

There were a number of events that have taken place since our last newsletter; trampolining, year 7 football festival, year 8&9 netball festival and New Age Kurling. Full write ups feature further along in the newsletter.

The winners of our borough sportshall athletics competition flew the flag for Barnet competing at Harrow Leisure Centre on the 7th February against 6 other London Boroughs. In an extremely competitive event the Barnet teams did fantastic. Ashmole year 7 boys and The Compton year 8 boys won the competition and will now progress to the London Finals later this month.

We hope your students have enjoyed taking part in the leagues and cup competitions this season. Play offs and cup finals will be taking place throughout this month. Good luck to those schools who are still involved.

It has been wonderful seeing the creative and talented performances this week at the Barnet Dance Festival. Well done to everyone who has performed and good luck to those performing in Fridays and Mondays shows.

After the Easter break the athletics season begins at the StoneX Stadium on the 30th April and throughout May. Attendance at these meets will help aid with team selection for the Middlesex Champs

Please visit the BPSS website to book onto summer term events and to see the full list of events.

As always, please let us know if there is anything we can help support you with.

All the best, The BPSS Team



KEY DATES

March

4th -11th – Barnet Dance Festival @ Arts Depot

8th – Girls Football Festival @ Woodhouse College

12th – Netball League Playoffs @Cophthall

14th – Netball League Playoffs @ Cophthall

22nd – Yr 7 Roses Netball @ Cophthall

April

26th – Dance entry deadline

30th – Yr 9&10 Athletics @ StoneX

May

1st – Yr 8 Athletics @ StoneX

7th - Yr 7 Athletics @ StoneX

9th - Yr 9&10 Athletics @ StoneX

14th - Yr 8 Athletics @ StoneX

16th - Yr 7 Athletics @ StoneX

BPSS UPDATES

Girls Football League Finals

This season 61 teams took part in the girls football leagues, the winner of each league pool competed in a play off tournament to determine the borough league winner. Thank you to CCF, St James' and The Compton for hosting the finals.

The standard of play was extremely high and games were closely contested. Well done to all the teams who competed in the leagues this season and congratulations to the borough winners:



Year 7

Archer Academy

Year 8&9

Wren Academy

Year 10&11

Wren Academy

Senior

Woodhouse College



Trampolining

155 students from 12 schools competed at this years trampolining competition at Hendon Leisure Centre on 6th February. Gymnasts performed a voluntary and a compulsory routine, impressing the judges with their performances. Congratulations to the team and individual medalists and well done to everyone who competed. A big thank you to all the teachers who helped out on the day to ensure it ran smoothly and thank you to Hendon Leisure Centre hosting the event.



Sportshall Athletics

The borough winners of our sportshall athletics competition represented Barnet against 6 other London Boroughs at the London qualifiers. Thank you to TTA, Ashmole and The Compton for organising for your teams to take part. The level of competition was very high with close races on the track and impressive distances thrown and jumped on the field. Congratulations to the year 7 boys team from Ashmole and the year 8 boys team from The Compton who won the competition and will now progress to the London finals, good luck to both teams.

Year 7 football festival

The year 7 football festival took place at The Compton School on 1st March. 9 girls teams and 8 boys teams represented their school and got to play matches throughout the afternoon. Teams played in great spirit and created a lovely atmosphere for the event. A big thank you to Compton for hosting the event and providing their sports leaders to officiate all the matches.



New Age Kurling

It was great to see so many new faces, trying a new sport for the first time. New Age Kurling is lots of fun, and after the initial nerves you could see the students really getting into the matches. Brilliant team work with blocks and knocks on display. Congratulations to all the students involved.

Thank you to the kind leaders from The Compton, who officiated their first event, and represented their school brilliantly.

Final standings were:

1st - Compton (Red)

2nd - Mapledown (Blue)

Dance Competition – Entries Open

BPSS will be running a virtual dance competition for the following categories, one performance will be selected by the judges from each of the categories to be our Barnet representatives to progress onto the London Youth Games Competition:

Category	Eligibility Criteria	School Year
Category A - SEN		Year 7-11
Category B – KS3 Secondary	All participants must be at KS3 level. Schools are encouraged to present teams that are diverse and inclusive	Year 7-9
Category C – KS4 Secondary	All participants must be at KS4 level. Schools are encouraged to present teams that are diverse and inclusive.	Year 10-11

Should a school wish to enter a mixed KS3 & KS4 team, then they must be entered in the KS4 competition

For further details on how to submit your entry, please contact Vanessa – vpender@eastbarnetschool.com. Entry deadline is **Friday 26th April**

PARTNER NEWS AND UPDATES

Tennis: New Red Ball Secondary Competition

The Lawn Tennis Association (LTA) is proud to announce their new Red Ball format for secondary settings. All details can be found [HERE](#).

Access Games



A project of

MACCABI GB EUROPE

EUROPEAN MACCABI YOUTH GAMES LONDON 2024

THE EMY624 ACCESS GAMES

Would you like to take part in a variety of sporting-based activities and make lasting friendships and memories?

The Access Games will enable young Jewish people with Special Educational Needs & Disabilities to take part in the Games through a unique programme of sport and social activities

For more information and to apply please visit maccabigb.org/emygaccess or email charlotte@maccabigb.org

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Happening this Summer!

Self Defence, Meditation and Mindfulness Sessions



humanettiQ
SELF-DEFENCE • MEDITATION • MINDFULNESS

Our Mission is to Empower Young Adults...

to live with **confidence**, **resilience**, and **purpose**.
Our system is comprised of four key elements:

- self-defence
- mindfulness
- meditation
- mindset coaching

which develop **physical**, **mental**, and **emotional** skills for **growth**. Through this they can overcome any **challenge** and achieve their **goals**.



Designed and Delivered by Experts...

Ideally sessions run for an hour and a half over blocks of twelve weeks, but we recognise that each school will have different needs and so we can tailor this to suit different requirements.

HumanettiQ can run as either an enrichment program or as an intervention.

We are firm believers in **development** and **progress** and are constantly on the lookout for talented participants who can be trained to become **HumanettiQ** coaches of the future.

We also aim to **foster cross-community collaboration** through taking on older students to become ambassadors and assistants in delivering the project.

For further information contact:
team@humanettiq.com

Apprenticeship Opportunities for your Students and Staff

Please see a range of educational and sporting apprenticeship opportunities [HERE](#) for your school staff and students. Please pass onto any students and staff who would be suitable. For more information please contact Vanessa – vpender@eastbarnetschool.com



TCS Mini London Marathon in schools (virtual)

Entries open now! 🏃🏃

It's the perfect event to get your classes excited, engaged and doing something different with a real sense of achievement in the form of a trophy for the whole school to admire!

📅 Any time between 15 April and 10 May

👥 600,000 children and young people

📏 2.6 miles in your school

🏆 Participating schools can earn a trophy and a digital certificate for every child

[Mini London Marathon in schools - TCS London Marathon](#)

MiFord RideLondon-Essex just got bigger! 🚴 We are launching a new challenge in schools to inspire more children and young people to cycle.

Complete your own 100-mile journey, collectively as a school community between **Monday 20 May and Friday 24 May**.

Learn more here and you can find further info from this [press release](#).

Register to take part [here](#)

CPD OPPORTUNITIES

Free NFL Flag Football CPD

To support the introduction of NFL Flag in to the LYG programme, NFL UK are offering a CPD 1st4Sports 'Introduction to NFL Flag' course that covers how to deliver a 6-week programme in schools.

Sign up [HERE](#)

Inclusive Education Hub

Here you will find lots of support for you as teachers or school staff to review and improve your inclusive physical education and school sport delivery. It is all made possible through the Department of Education-funded, Inclusion 2024 project.

Once [registered](#), you will be able to complete the Inclusive PE self-assessment. Then you will be directed to relevant resources based on your answers and receive tips to continually improve the way you work.

Please click on the link below: <https://education.activityalliance.org.uk/>

Join us on our PE Life Skills Award – all your questions answered webinars

Hear about the benefits of the PE Life Skills Award and learn what's new in two live Q&A sessions with Kate Thornton-Bousfield, Head of PE and Achievement. These will take place on:

- Secondary: Thursday 25 April, 4-5pm - [Register now](#)

We are offering free access in the summer term 2024 if you sign up for the 2024/25 academic year before Friday 14 June 2024. This gives you an ideal opportunity to plan for implementation before going live in September.

Since its launch in 2021, thousands of young people have benefited from this innovative award which gives them the opportunity to demonstrate and be accredited with the life skills they are learning through PE. Join our webinars to find out how you can be a part of it.

TOP Sportsability

TOP Sportsability is an online resource for schools and offers practical advice to teachers, learning support staff, and other sports practitioners. It consists of video clips and downloadable content showing ideas and strategies to support the inclusion of young disabled people in physical activity and is divided into five areas.

Top Sportsability now sits on the Youth Sport Trust website [here](#). A code is required to access the content including 24 Sports and activity areas including 3 Paralympic Sports (Boccia, Goalball and Sitting Volleyball).

The code is: YSTINCLUSION27

Support, Advice and Free Resources from Sense Active

Sense Active are the active team within Sense, a national charity supporting people living with deaf blindness and complex disabilities. The Sense Active team can support your school in a variety of ways, including:

- Organise for coaches to come in to deliver sessions within the school
- Support with finding activities occurring locally for you to attend
- Provide your staff with training
- Opportunities that can be shared with families to take part in away from the school day
- Online activities, such as drumming to music
- Resource packs so that staff can get ideas of what to include in their lessons.

For more information, [check out this resource](#)

British Gymnastics Physical Education Teachers Trampoline Refresher Course for holders of the BG Teachers Award at Part 1 and Part 2

Rickmansworth School and afPE London Region is hosting this course on:

Monday 8th July 2024

9.00 am – 4.00 pm

Cost £135.00

afPE members £100.00



To book please contact John I'Anson, j.ianson45@btinternet.com, 07880796174



MATP Training

There are a number of opportunities this year to spread the MATP joy and welcome new staff to the Special Olympics Family.

If you want to know more, join one of the MATP introductory workshops, join a workshop yourself, or train up new and existing staff in your provision, [click here to sign up](#). It's free!

If you are an established MATP practitioner, there are some great opportunities coming up this year including completion of the MATP Quality Mark, MATP Tutor Training, and Advanced MATP Training later in the year.

Middlesex County Cricket Courses



Foundation Courses (Level 1) must be 18 to qualify so can start at 17 (£150.00)

Monday 8th and 11th April 10-5pm William Perkin School
Oldfield Lane Greenford UB6 8PR Registration will close 01.04.2024
Link to book: <https://booking.ecb.co.uk/NwXm78>

Saturday 27th April and 4th May 10-5pm William Perkin School Oldfield Lane
Greenford UB6 8PR Registration will close 20.04.2024
Link to book: <https://booking.ecb.co.uk/yyoK3D>

Tuesdays 30th April 7th 14th 21st May 6.00pm – 9.00pm Winchmore Hill CC, The Paulin Ground, Ford's
Grove, London N21 3DN
Link to book: <https://booking.ecb.co.uk/84n47A>

Sunday 5th and 12th May 10-5pm William Perkin School Oldfield Lane Greenford
UB6 8PR Registration will close 28.04.2024
Link to book: <https://booking.ecb.co.uk/OPRKK9>

Monday 24th June 1st 8th 15th July 6-9pm Bushy Park Sports Club Queens Road
Teddington TW11 0AN Registration will close 17.06.2024
Link to book: <https://booking.ecb.co.uk/NwXE4g>

CONTACT THE TEAM FOR MORE SUPPORT



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